



# Regionale Hechtelse Duinen West Leopoldsburg - Hechtel 19.1.2025 K.O.L.

**Alexander MAES**

hamok

Omloop : H:04

Afstand : 4670m

Tijd : 2:09:14 (27'40"/km)

**40/47**

O.K.

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1. Nico SCHRANS 0:41:36
2. Kajus LUKIANSKAS 0:44:15
3. Finn GEVAERT 0:44:16

1.	192	00:04:26		159m	27'53"/km
2.	199	00:14:40	00:19:06	560m	26'11"/km
3.	45	00:07:21	00:26:27	140m	52'30"/km
4.	194	00:27:15	00:53:42	379m	71'54"/km
5.	62	00:04:01	00:57:43	330m	12'10"/km
6.	209	00:03:32	01:01:15	185m	19'06"/km
7.	51	00:03:52	01:05:07	175m	22'06"/km
8.	50	00:03:46	01:08:53	182m	20'42"/km
9.	66	00:05:32	01:14:25	249m	22'13"/km
10.	190	00:04:43	01:19:08	154m	30'38"/km
11.	52	00:03:43	01:22:51	171m	21'44"/km
12.	64	00:05:26	01:28:17	114m	47'40"/km
13.	48	00:02:10	01:30:27	107m	20'15"/km
14.	196	00:14:11	01:44:38	229m	61'56"/km
15.	35	00:09:58	01:54:36	492m	20'15"/km
16.	58	00:03:05	01:57:41	177m	17'25"/km
17.	60	00:06:06	02:03:47	393m	15'31"/km
18.	40	00:04:06	02:07:53	313m	13'06"/km
19.	200	00:00:58	02:08:51	101m	9'34"/km
20.	999	00:00:23	02:09:14	60m	6'23"/km

Orienteering Software