



Regionale Hechtelse Duinen West Leopoldsburg - Hechtel 19.1.2025 K.O.L.

Herman JANSSEN

TROL

Omloop : H:04

Afstand : 4670m

Tijd : 1:08:09 (14'36"/km)

31/47

O.K.

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- | | |
|---------------------|---------|
| 1. Nico SCHRANS | 0:41:36 |
| 2. Kajus LUKIANSKAS | 0:44:15 |
| 3. Finn GEVAERT | 0:44:16 |

1.	192	00:03:29		159m	21'54"/km
2.	199	00:07:18	00:10:47	560m	13'02"/km
3.	45	00:01:35	00:12:22	140m	11'19"/km
4.	194	00:04:18	00:16:40	379m	11'21"/km
5.	62	00:03:14	00:19:54	330m	9'48"/km
6.	209	00:02:04	00:21:58	185m	11'10"/km
7.	51	00:02:21	00:24:19	175m	13'26"/km
8.	50	00:02:21	00:26:40	182m	12'55"/km
9.	66	00:11:11	00:37:51	249m	44'55"/km
10.	190	00:02:12	00:40:03	154m	14'17"/km
11.	52	00:01:52	00:41:55	171m	10'55"/km
12.	64	00:01:21	00:43:16	114m	11'51"/km
13.	48	00:01:09	00:44:25	107m	10'45"/km
14.	196	00:02:57	00:47:22	229m	12'53"/km
15.	35	00:07:32	00:54:54	492m	15'19"/km
16.	58	00:02:10	00:57:04	177m	12'14"/km
17.	60	00:06:02	01:03:06	393m	15'21"/km
18.	40	00:03:12	01:06:18	313m	10'13"/km
19.	200	00:01:31	01:07:49	101m	15'01"/km
20.	999	00:00:20	01:08:09	60m	5'33"/km

Orienteering Software