



Regionale Hechtelse Duinen West Leopoldsburg - Hechtel 19.1.2025 K.O.L.

Freddy HENKES

O.L.G. St. Vith ARDOC

Omloop : H:03

Afstand : 6510m

Tijd : 1:08:36 (10'32"/km)

25/42

O.K.

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- | | |
|-------------------------|---------|
| 1. Bart VAN DE MOORTELE | 0:49:48 |
| 2. Noël NIJSTEN | 0:50:45 |
| 3. Guido TIMMERS | 0:51:05 |

1.	198	00:07:02	612m	11'30"/km
2.	45	00:03:55 00:10:57	357m	10'58"/km
3.	199	00:01:24 00:12:21	140m	10'00"/km
4.	44	00:04:24 00:16:45	384m	11'28"/km
5.	62	00:06:13 00:22:58	610m	10'11"/km
6.	51	00:03:58 00:26:56	339m	11'42"/km
7.	50	00:02:05 00:29:01	182m	11'27"/km
8.	190	00:03:50 00:32:51	326m	11'46"/km
9.	49	00:02:31 00:35:22	216m	11'39"/km
10.	53	00:02:57 00:38:19	302m	9'46"/km
11.	191	00:01:02 00:39:21	129m	8'01"/km
12.	64	00:03:32 00:42:53	325m	10'52"/km
13.	195	00:02:43 00:45:36	240m	11'19"/km
14.	197	00:03:45 00:49:21	326m	11'30"/km
15.	55	00:02:02 00:51:23	196m	10'22"/km
16.	58	00:06:19 00:57:42	631m	10'01"/km
17.	59	00:03:01 01:00:43	316m	9'33"/km
18.	60	00:03:57 01:04:40	400m	9'53"/km
19.	40	00:02:39 01:07:19	313m	8'28"/km
20.	200	00:01:00 01:08:19	101m	9'54"/km
21.	999	00:00:17 01:08:36	60m	4'43"/km

Orienteering Software