



Regionale Hechtelse Duinen West Leopoldsburg - Hechtel 19.1.2025 K.O.L.

Raf MAES

hamok

Omloop : H:02

Afstand : 7230m

Tijd : 1:04:40 (8'57"/km)

11/33

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Guido LENGES | 0:49:08 |
| 2. Timo VISSER | 0:52:11 |
| 3. Marc MEEUWSEN | 0:52:59 |

1.	41	00:03:18		339m	9'44"/km
2.	42	00:03:19	00:06:37	482m	6'53"/km
3.	206	00:02:50	00:09:27	309m	9'10"/km
4.	44	00:01:39	00:11:06	217m	7'36"/km
5.	45	00:02:16	00:13:22	330m	6'52"/km
6.	46	00:03:02	00:16:24	291m	10'25"/km
7.	47	00:03:21	00:19:45	214m	15'39"/km
8.	48	00:02:01	00:21:46	237m	8'31"/km
9.	210	00:01:46	00:23:32	305m	5'48"/km
10.	50	00:05:11	00:28:43	405m	12'48"/km
11.	51	00:02:05	00:30:48	182m	11'27"/km
12.	52	00:04:29	00:35:17	485m	9'15"/km
13.	53	00:02:37	00:37:54	346m	7'34"/km
14.	54	00:03:15	00:41:09	481m	6'45"/km
15.	55	00:01:44	00:42:53	243m	7'08"/km
16.	56	00:04:41	00:47:34	395m	11'51"/km
17.	33	00:02:22	00:49:56	325m	7'17"/km
18.	35	00:01:44	00:51:40	224m	7'44"/km
19.	58	00:01:25	00:53:05	177m	8'00"/km
20.	59	00:02:12	00:55:17	316m	6'58"/km
21.	204	00:03:04	00:58:21	358m	8'34"/km
22.	31	00:03:17	01:01:38	261m	12'35"/km
23.	40	00:01:21	01:02:59	149m	9'04"/km
24.	200	00:01:27	01:04:26	101m	14'21"/km
25.	999	00:00:14	01:04:40	60m	3'53"/km

Orienteering Software