



# Regionale Hechtelse Duinen West Leopoldsburg - Hechtel 19.1.2025 K.O.L.

**Wim VERVOORT**

TROL

Omloop : H:02

Afstand : 7230m

Tijd : 1:01:00 (8'26"/km)

**9/33**

O.K.

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- |                  |         |
|------------------|---------|
| 1. Guido LENGES  | 0:49:08 |
| 2. Timo VISSER   | 0:52:11 |
| 3. Marc MEEUWSEN | 0:52:59 |

|     |     |                   |      |           |
|-----|-----|-------------------|------|-----------|
| 1.  | 41  | 00:04:39          | 339m | 13'43"/km |
| 2.  | 42  | 00:03:44 00:08:23 | 482m | 7'45"/km  |
| 3.  | 206 | 00:02:44 00:11:07 | 309m | 8'51"/km  |
| 4.  | 44  | 00:01:47 00:12:54 | 217m | 8'13"/km  |
| 5.  | 45  | 00:02:29 00:15:23 | 330m | 7'32"/km  |
| 6.  | 46  | 00:02:50 00:18:13 | 291m | 9'44"/km  |
| 7.  | 47  | 00:01:58 00:20:11 | 214m | 9'11"/km  |
| 8.  | 48  | 00:01:57 00:22:08 | 237m | 8'14"/km  |
| 9.  | 210 | 00:02:07 00:24:15 | 305m | 6'56"/km  |
| 10. | 50  | 00:03:24 00:27:39 | 405m | 8'24"/km  |
| 11. | 51  | 00:01:34 00:29:13 | 182m | 8'36"/km  |
| 12. | 52  | 00:04:23 00:33:36 | 485m | 9'02"/km  |
| 13. | 53  | 00:02:42 00:36:18 | 346m | 7'48"/km  |
| 14. | 54  | 00:03:04 00:39:22 | 481m | 6'23"/km  |
| 15. | 55  | 00:01:44 00:41:06 | 243m | 7'08"/km  |
| 16. | 56  | 00:03:34 00:44:40 | 395m | 9'02"/km  |
| 17. | 33  | 00:03:06 00:47:46 | 325m | 9'32"/km  |
| 18. | 35  | 00:01:47 00:49:33 | 224m | 7'58"/km  |
| 19. | 58  | 00:01:27 00:51:00 | 177m | 8'12"/km  |
| 20. | 59  | 00:02:03 00:53:03 | 316m | 6'29"/km  |
| 21. | 204 | 00:02:46 00:55:49 | 358m | 7'44"/km  |
| 22. | 31  | 00:02:40 00:58:29 | 261m | 10'13"/km |
| 23. | 40  | 00:01:12 00:59:41 | 149m | 8'03"/km  |
| 24. | 200 | 00:01:03 01:00:44 | 101m | 10'24"/km |
| 25. | 999 | 00:00:16 01:01:00 | 60m  | 4'27"/km  |

Orienteering Software