



Regionale Hechtelse Duinen West Leopoldsburg - Hechtel 19.1.2025 K.O.L.

Roland VAN LOON

hamok

Strecke : H:02

Länge : 7230m

Zeit : 0:54:29 (7'32"/km)

5/33

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|------------------|---------|
| 1. Guido LENGES | 0:49:08 |
| 2. Timo VISSER | 0:52:11 |
| 3. Marc MEEUWSEN | 0:52:59 |

1.	41	00:03:33		339m	10'28"/km
2.	42	00:03:16	00:06:49	482m	6'47"/km
3.	206	00:03:43	00:10:32	309m	12'02"/km
4.	44	00:01:48	00:12:20	217m	8'18"/km
5.	45	00:02:37	00:14:57	330m	7'56"/km
6.	46	00:02:31	00:17:28	291m	8'39"/km
7.	47	00:02:23	00:19:51	214m	11'08"/km
8.	48	00:01:44	00:21:35	237m	7'19"/km
9.	210	00:01:53	00:23:28	305m	6'10"/km
10.	50	00:03:01	00:26:29	405m	7'27"/km
11.	51	00:01:45	00:28:14	182m	9'37"/km
12.	52	00:03:25	00:31:39	485m	7'03"/km
13.	53	00:02:15	00:33:54	346m	6'30"/km
14.	54	00:02:52	00:36:46	481m	5'58"/km
15.	55	00:01:17	00:38:03	243m	5'17"/km
16.	56	00:02:35	00:40:38	395m	6'32"/km
17.	33	00:02:11	00:42:49	325m	6'43"/km
18.	35	00:01:32	00:44:21	224m	6'51"/km
19.	58	00:01:05	00:45:26	177m	6'07"/km
20.	59	00:01:39	00:47:05	316m	5'13"/km
21.	204	00:03:12	00:50:17	358m	8'56"/km
22.	31	00:02:17	00:52:34	261m	8'45"/km
23.	40	00:00:50	00:53:24	149m	5'36"/km
24.	200	00:00:52	00:54:16	101m	8'35"/km
25.	999	00:00:13	00:54:29	60m	3'37"/km

Orienteering Software