



Regionale Hechtelse Duinen West Leopoldsburg - Hechtel 19.1.2025 K.O.L.

Frederik MEYNEN

hamok

Omloop : H:01

Afstand : 9060m

Tijd : 1:15:59 (8'23"/km)

14/27

O.K.

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- | | |
|-----------------------|---------|
| 1. Mickus DONATAS | 0:53:09 |
| 2. Mindaugas NAKVOSAS | 0:57:21 |
| 3. Marc KERCKHOFS | 1:05:31 |

1.	56	00:04:41	493m	9'30"/km
2.	42	00:03:35 00:08:16	582m	6'09"/km
3.	43	00:03:28 00:11:44	426m	8'08"/km
4.	44	00:01:18 00:13:02	151m	8'37"/km
5.	47	00:04:30 00:17:32	618m	7'17"/km
6.	62	00:02:13 00:19:45	321m	6'54"/km
7.	63	00:03:41 00:23:26	447m	8'14"/km
8.	45	00:03:20 00:26:46	472m	7'04"/km
9.	197	00:03:33 00:30:19	485m	7'19"/km
10.	196	00:05:41 00:36:00	267m	21'17"/km
11.	64	00:02:06 00:38:06	285m	7'22"/km
12.	49	00:03:18 00:41:24	345m	9'34"/km
13.	65	00:05:02 00:46:26	559m	9'00"/km
14.	61	00:01:01 00:47:27	99m	10'16"/km
15.	190	00:03:42 00:51:09	481m	7'42"/km
16.	53	00:03:20 00:54:29	431m	7'44"/km
17.	54	00:02:59 00:57:28	481m	6'12"/km
18.	33	00:02:51 01:00:19	338m	8'26"/km
19.	58	00:05:14 01:05:33	374m	14'00"/km
20.	59	00:02:04 01:07:37	316m	6'32"/km
21.	205	00:02:46 01:10:23	384m	7'12"/km
22.	57	00:02:29 01:12:52	267m	9'18"/km
23.	40	00:01:58 01:14:50	280m	7'01"/km
24.	200	00:00:53 01:15:43	101m	8'45"/km
25.	999	00:00:16 01:15:59	60m	4'27"/km

Orienteering Software