



Regionale Hechtelse Duinen West Leopoldsburg - Hechtel 19.1.2025 K.O.L.

Lisa ELSEN

Omega

Circuit : D:02

Distance : 7230m

Temps : 1:30:56 (12'35"/km)

5/6

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Nancy WENDERICKX | 1:05:52 |
| 2. Miek FABRÉ | 1:06:14 |
| 3. Lieke VAN OPSTAL | 1:11:46 |

1.	41	00:04:54	339m	14'27"/km
2.	42	00:06:12 00:11:06	482m	12'52"/km
3.	206	00:04:09 00:15:15	309m	13'26"/km
4.	44	00:02:30 00:17:45	217m	11'31"/km
5.	45	00:03:51 00:21:36	330m	11'40"/km
6.	46	00:03:06 00:24:42	291m	10'39"/km
7.	47	00:03:19 00:28:01	214m	15'30"/km
8.	48	00:02:53 00:30:54	237m	12'10"/km
9.	210	00:04:05 00:34:59	305m	13'23"/km
10.	50	00:04:27 00:39:26	405m	10'59"/km
11.	51	00:06:11 00:45:37	182m	33'58"/km
12.	52	00:05:52 00:51:29	485m	12'06"/km
13.	53	00:04:15 00:55:44	346m	12'17"/km
14.	54	00:05:02 01:00:46	481m	10'28"/km
15.	55	00:02:43 01:03:29	243m	11'11"/km
16.	56	00:07:19 01:10:48	395m	18'31"/km
17.	33	00:03:51 01:14:39	325m	11'51"/km
18.	35	00:01:56 01:16:35	224m	8'38"/km
19.	58	00:01:44 01:18:19	177m	9'48"/km
20.	59	00:02:23 01:20:42	316m	7'33"/km
21.	204	00:04:26 01:25:08	358m	12'23"/km
22.	31	00:03:32 01:28:40	261m	13'32"/km
23.	40	00:01:15 01:29:55	149m	8'23"/km
24.	200	00:00:45 01:30:40	101m	7'26"/km
25.	999	00:00:16 01:30:56	60m	4'27"/km

Orienteering Software