



GOS 1: AZ St-Lucas/Patershol

Gent - AZ St-Lucas 18.1.2025

TROL

Philip VAN DEN HEEDE

Indiv.

Course : H:1-lang

Distance : 6500m

Time : 0:59:56 (9'13"/km)

41/60

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Corneel CASIER | 0:34:49 |
| 2. Elias LJUNGDELL | 0:37:18 |
| 3. Nathan STEYAERT | 0:39:24 |

1.	50	00:02:24		99m	24'15"/km
2.	49	00:00:41	00:03:05	94m	7'16"/km
3.	51	00:01:51	00:04:56	272m	6'48"/km
4.	36	00:05:39	00:10:35	349m	16'11"/km
5.	32	00:01:36	00:12:11	205m	7'48"/km
6.	31	00:02:16	00:14:27	83m	27'19"/km
7.	35	00:01:19	00:15:46	191m	6'54"/km
8.	53	00:03:40	00:19:26	527m	6'57"/km
9.	62	00:01:48	00:21:14	212m	8'29"/km
10.	56	00:02:22	00:23:36	257m	9'13"/km
11.	55	00:00:30	00:24:06	53m	9'26"/km
12.	57	00:01:05	00:25:11	99m	10'57"/km
13.	58	00:02:05	00:27:16	183m	11'23"/km
14.	60	00:00:17	00:27:33	98m	2'53"/km
15.	61	00:00:52	00:28:25	88m	9'51"/km
16.	58	00:01:54	00:30:19	132m	14'24"/km
17.	59	00:00:14	00:30:33	120m	1'57"/km
18.	54	00:03:07	00:33:40	351m	8'53"/km
19.	62	00:01:11	00:34:51	221m	5'21"/km
20.	63	00:00:45	00:35:36	116m	6'28"/km
21.	64	00:01:37	00:37:13	64m	25'16"/km
22.	44	00:04:05	00:41:18	548m	7'27"/km
23.	45	00:00:31	00:41:49	17m	30'24"/km
24.	46	00:02:02	00:43:51	338m	6'01"/km
25.	47	00:00:59	00:44:50	109m	9'01"/km
26.	48	00:01:00	00:45:50	158m	6'20"/km
27.	43	00:02:29	00:48:19	349m	7'07"/km
28.	41	00:01:37	00:49:56	136m	11'53"/km
29.	39	00:01:22	00:51:18	129m	10'36"/km
30.	37	00:02:02	00:53:20	162m	12'33"/km
31.	38	00:00:42	00:54:02	74m	9'28"/km
32.	40	00:02:34	00:56:36	208m	12'20"/km
33.	52	00:01:27	00:58:03	154m	9'25"/km
34.	999	00:01:53	00:59:56	213m	8'51"/km