



GOS 1: AZ St-Lucas/Patershol

Gent - AZ St-Lucas 18.1.2025

TROL

Joris VANDELANOTTE

TROL

Percorso : H:1-lang

Distancia : 6500m

Tempo : 0:54:44 (8'25"/km)

29/60

O.K.

[Resultados completos em Webres](#)

- | | |
|--------------------|---------|
| 1. Corneel CASIER | 0:34:49 |
| 2. Elias LJUNGDELL | 0:37:18 |
| 3. Nathan STEYAERT | 0:39:24 |

1.	50	00:01:29		99m	14'59"/km
2.	49	00:00:47	00:02:16	94m	8'20"/km
3.	51	00:01:53	00:04:09	272m	6'55"/km
4.	36	00:05:27	00:09:36	349m	15'37"/km
5.	32	00:01:55	00:11:31	205m	9'21"/km
6.	31	00:01:44	00:13:15	83m	20'53"/km
7.	35	00:01:40	00:14:55	191m	8'44"/km
8.	53	00:03:54	00:18:49	527m	7'24"/km
9.	62	00:01:31	00:20:20	212m	7'09"/km
10.	56	00:01:57	00:22:17	257m	7'35"/km
11.	55	00:00:30	00:22:47	53m	9'26"/km
12.	57	00:00:47	00:23:34	99m	7'55"/km
13.	58	00:01:52	00:25:26	183m	10'12"/km
14.	60	00:00:20	00:25:46	98m	3'24"/km
15.	61	00:00:42	00:26:28	88m	7'57"/km
16.	58	00:01:59	00:28:27	132m	15'02"/km
17.	59	00:00:22	00:28:49	120m	3'03"/km
18.	54	00:02:21	00:31:10	351m	6'42"/km
19.	62	00:01:01	00:32:11	221m	4'36"/km
20.	63	00:00:43	00:32:54	116m	6'11"/km
21.	64	00:01:36	00:34:30	64m	25'00"/km
22.	44	00:03:49	00:38:19	548m	6'58"/km
23.	45	00:00:00	00:38:19	17m	0'00"/km
24.	46	00:01:43	00:40:02	338m	5'05"/km
25.	47	00:01:07	00:41:09	109m	10'15"/km
26.	48	00:01:00	00:42:09	158m	6'20"/km
27.	43	00:02:23	00:44:32	349m	6'50"/km
28.	41	00:01:31	00:46:03	136m	11'09"/km
29.	39	00:00:58	00:47:01	129m	7'30"/km
30.	37	00:02:19	00:49:20	162m	14'18"/km
31.	38	00:00:38	00:49:58	74m	8'34"/km
32.	40	00:02:26	00:52:24	208m	11'42"/km
33.	52	00:00:37	00:53:01	154m	4'00"/km
34.	999	00:01:43	00:54:44	213m	8'04"/km