

**Regionale**  
**Gerhees 12.1.2025**  
**hamok**

**Noore SELS**

hamok

Course : D:Rood Midden

Distance : 4390m

Time : 0:59:45 (13'37"/km)

**6/14**

O.K.

[Full result on Webres](#)

- |    |                  |         |
|----|------------------|---------|
| 1. | Anita PIOTROWSKA | 0:47:43 |
| 2. | Els PUT          | 0:48:35 |
| 3. | Masja VAN DE VEN | 0:49:38 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 55  | 00:05:16 |          | 363m | 14'31"/km |
| 2.  | 56  | 00:02:36 | 00:07:52 | 284m | 9'09"/km  |
| 3.  | 49  | 00:07:21 | 00:15:13 | 534m | 13'46"/km |
| 4.  | 48  | 00:06:39 | 00:21:52 | 352m | 18'54"/km |
| 5.  | 50  | 00:04:08 | 00:26:00 | 386m | 10'42"/km |
| 6.  | 57  | 00:09:59 | 00:35:59 | 551m | 18'07"/km |
| 7.  | 53  | 00:03:39 | 00:39:38 | 301m | 12'08"/km |
| 8.  | 43  | 00:08:05 | 00:47:43 | 578m | 13'59"/km |
| 9.  | 37  | 00:05:30 | 00:53:13 | 435m | 12'39"/km |
| 10. | 46  | 00:03:27 | 00:56:40 | 313m | 11'01"/km |
| 11. | 69  | 00:02:13 | 00:58:53 | 195m | 11'22"/km |
| 12. | 999 | 00:00:52 | 00:59:45 | 95m  | 9'07"/km  |

HELGA

Orienteering Software