



SYLVESTER 5 DAYS 2024 - DAY 5

Galgenberg 30.12.2024

KOVZ

Jurjen KAMPHUIS

Free runners

Omloop : SD

Afstand : 3840m

Tijd : 1:00:16 (15'42"/km)

17/26

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|---------|
| 1. Marco MENSINK | 0:25:54 |
| 2. Bjørn Idar SÆTRAN | 0:33:50 |
| 3. Ellen HOUBEN | 0:34:53 |

1.	123	00:02:29		104m	23'53"/km
2.	125	00:04:07	00:06:36	308m	13'22"/km
3.	142	00:03:47	00:10:23	230m	16'27"/km
4.	146	00:03:44	00:14:07	295m	12'39"/km
5.	161	00:07:22	00:21:29	538m	13'42"/km
6.	151	00:05:42	00:27:11	262m	21'45"/km
7.	140	00:07:50	00:35:01	288m	27'12"/km
8.	137	00:02:12	00:37:13	130m	16'55"/km
9.	130	00:03:10	00:40:23	157m	20'10"/km
10.	119	00:03:17	00:43:40	237m	13'51"/km
11.	118	00:02:01	00:45:41	98m	20'35"/km
12.	116	00:02:22	00:48:03	191m	12'23"/km
13.	113	00:02:21	00:50:24	208m	11'18"/km
14.	107	00:02:36	00:53:00	155m	16'46"/km
15.	104	00:01:21	00:54:21	91m	14'50"/km
16.	101	00:04:01	00:58:22	266m	15'06"/km
17.	100	00:00:45	00:59:07	74m	10'08"/km
18.	999	00:01:09	01:00:16	113m	10'11"/km

Orienteering Software