



# SYLVESTER 5 DAYS 2024 - DAY 5

Galgenberg 30.12.2024

KOVZ

## Phil CONWAY

Guildford Orienteers

Omloop : H60

Afstand : 4430m

--/22

niet geklasseerd

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- |                  |                |
|------------------|----------------|
| 1. Marc MEEUWSEN | 0:30:22        |
| 2. Wiet LAENEN   | 0:33:55 [1000] |
| 2. Guido TIMMERS | 0:33:55 [1000] |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 130 | 00:04:35 |          | 383m | 11'58"/km |
| 2.  | 146 | 00:05:56 | 00:10:31 | 527m | 11'16"/km |
| 3.  | 158 | 00:01:57 | 00:12:28 | 176m | 11'05"/km |
| 4.  | 159 | 00:02:50 | 00:15:18 | 211m | 13'26"/km |
| 5.  | 160 | 00:01:30 | 00:16:48 | 124m | 12'06"/km |
| 6.  | 166 | 00:01:15 | 00:18:03 | 117m | 10'41"/km |
| 7.  | 164 | 00:02:37 | 00:20:40 | 215m | 12'10"/km |
| 8.  | 163 | 00:01:50 | 00:22:30 | 152m | 12'04"/km |
| 9.  | 161 | 00:01:56 | 00:24:26 | 167m | 11'35"/km |
| 10. | 147 | 00:06:32 | 00:30:58 |      |           |
| 11. | 133 | 00:08:15 | 00:39:13 | 469m | 17'35"/km |
| 12. | 118 | 00:03:02 | 00:42:15 | 269m | 11'17"/km |
| 13. | 117 | 00:01:21 | 00:43:36 | 122m | 11'04"/km |
| 14. | 116 | 00:01:14 | 00:44:50 | 102m | 12'05"/km |
| 15. | 107 | 00:02:20 | 00:47:10 | 291m | 8'01"/km  |
| 16. | 103 | 00:02:07 | 00:49:17 | 218m | 9'43"/km  |
| 17. | 101 | 00:00:55 | 00:50:12 | 109m | 8'25"/km  |
| 18. | 100 | 00:00:34 | 00:50:46 | 74m  | 7'39"/km  |
| 19. | 999 | 00:00:45 | 00:51:31 | 113m | 6'38"/km  |

Orienteering Software