



SYLVESTER 5 DAYS 2024 - DAY 3

Kattevenia 28.12.2024

K.O.L.

Natascha SPATHMANN

K.O.L.

Omloop : LD

Afstand : 7260m

Tijd : 1:44:42 (14'25"/km)

20/25

O.K.

[Volledige uitslagen op Webres](#)

1. Guido LENGES	0:51:29
2. Nicolas SILLIEN	0:57:11
3. Vincent SILLIEN	0:58:42

1.	142	00:06:24		597m	10'43"/km
2.	145	00:03:27	00:09:51	242m	14'15"/km
3.	144	00:05:35	00:15:26	209m	26'43"/km
4.	143	00:01:34	00:17:00	86m	18'13"/km
5.	147	00:05:30	00:22:30	625m	8'48"/km
6.	149	00:07:37	00:30:07	486m	15'40"/km
7.	151	00:03:06	00:33:13	301m	10'18"/km
8.	155	00:03:14	00:36:27	345m	9'22"/km
9.	156	00:02:01	00:38:28	206m	9'47"/km
10.	159	00:03:55	00:42:23	318m	12'19"/km
11.	161	00:02:41	00:45:04		
12.	160	00:03:57	00:49:01	111m	35'35"/km
13.	161	00:01:00	00:50:01	111m	9'01"/km
14.	168	00:06:42	00:56:43	417m	16'04"/km
15.	171	00:06:00	01:02:43	347m	17'17"/km
16.	174	00:05:26	01:08:09	253m	21'29"/km
17.	177	00:05:33	01:13:42	210m	26'26"/km
18.	178	00:02:36	01:16:18	103m	25'15"/km
19.	182	00:02:07	01:18:25	180m	11'46"/km
20.	185	00:06:56	01:25:21	393m	17'39"/km
21.	187	00:02:42	01:28:03	269m	10'02"/km
22.	189	00:03:06	01:31:09	200m	15'30"/km
23.	184	00:05:23	01:36:32	332m	16'13"/km
24.	192	00:03:02	01:39:34	222m	13'40"/km
25.	201	00:01:06	01:40:40	99m	11'07"/km
26.	198	00:02:28	01:43:08	221m	11'10"/km
27.	200	00:01:04	01:44:12	136m	7'51"/km
28.	999	00:00:30	01:44:42	104m	4'48"/km

Orienteering Software