



# SYLVESTER 5 DAYS 2024 - DAY 3

Kattevenia 28.12.2024

K.O.L.

**Frank SANDERS**

ARGUS

Strecke : LD

Länge : 7260m

Zeit : 1:24:46 (11'41"/km)

**13/25**

O.K.

[Vollständige Ergebnisse auf Webres](#)

|                    |         |
|--------------------|---------|
| 1. Guido LENGES    | 0:51:29 |
| 2. Nicolas SILLIEN | 0:57:11 |
| 3. Vincent SILLIEN | 0:58:42 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 142 | 00:05:50 |          | 597m | 9'46"/km  |
| 2.  | 145 | 00:02:31 | 00:08:21 | 242m | 10'24"/km |
| 3.  | 144 | 00:03:15 | 00:11:36 | 209m | 15'33"/km |
| 4.  | 143 | 00:02:10 | 00:13:46 | 86m  | 25'12"/km |
| 5.  | 147 | 00:05:20 | 00:19:06 | 625m | 8'32"/km  |
| 6.  | 149 | 00:06:32 | 00:25:38 | 486m | 13'27"/km |
| 7.  | 151 | 00:03:31 | 00:29:09 | 301m | 11'41"/km |
| 8.  | 155 | 00:03:26 | 00:32:35 | 345m | 9'57"/km  |
| 9.  | 156 | 00:01:42 | 00:34:17 | 206m | 8'15"/km  |
| 10. | 159 | 00:03:02 | 00:37:19 | 318m | 9'32"/km  |
| 11. | 160 | 00:02:12 | 00:39:31 | 173m | 12'43"/km |
| 12. | 161 | 00:00:59 | 00:40:30 | 111m | 8'52"/km  |
| 13. | 168 | 00:04:08 | 00:44:38 | 417m | 9'55"/km  |
| 14. | 171 | 00:04:44 | 00:49:22 | 347m | 13'38"/km |
| 15. | 174 | 00:04:34 | 00:53:56 | 253m | 18'03"/km |
| 16. | 176 | 00:01:59 | 00:55:55 |      |           |
| 17. | 177 | 00:00:43 | 00:56:38 |      |           |
| 18. | 178 | 00:01:17 | 00:57:55 | 103m | 12'28"/km |
| 19. | 182 | 00:01:35 | 00:59:30 | 180m | 8'48"/km  |
| 20. | 185 | 00:04:59 | 01:04:29 | 393m | 12'41"/km |
| 21. | 187 | 00:04:08 | 01:08:37 | 269m | 15'22"/km |
| 22. | 189 | 00:05:30 | 01:14:07 | 200m | 27'30"/km |
| 23. | 184 | 00:03:56 | 01:18:03 | 332m | 11'51"/km |
| 24. | 192 | 00:02:24 | 01:20:27 | 222m | 10'49"/km |
| 25. | 201 | 00:00:56 | 01:21:23 | 99m  | 9'26"/km  |
| 26. | 198 | 00:02:14 | 01:23:37 | 221m | 10'06"/km |
| 27. | 200 | 00:00:49 | 01:24:26 | 136m | 6'00"/km  |
| 28. | 999 | 00:00:20 | 01:24:46 | 104m | 3'12"/km  |

Orienteering Software