



## SYLVESTER 5 DAYS 2024 - DAY 3

Kattevenia 28.12.2024

K.O.L.

**Nicole VANHEES**

hamok

Omloop : XS

Afstand : 2470m

Tijd : 1:14:57 (30'21"/km)

5/5

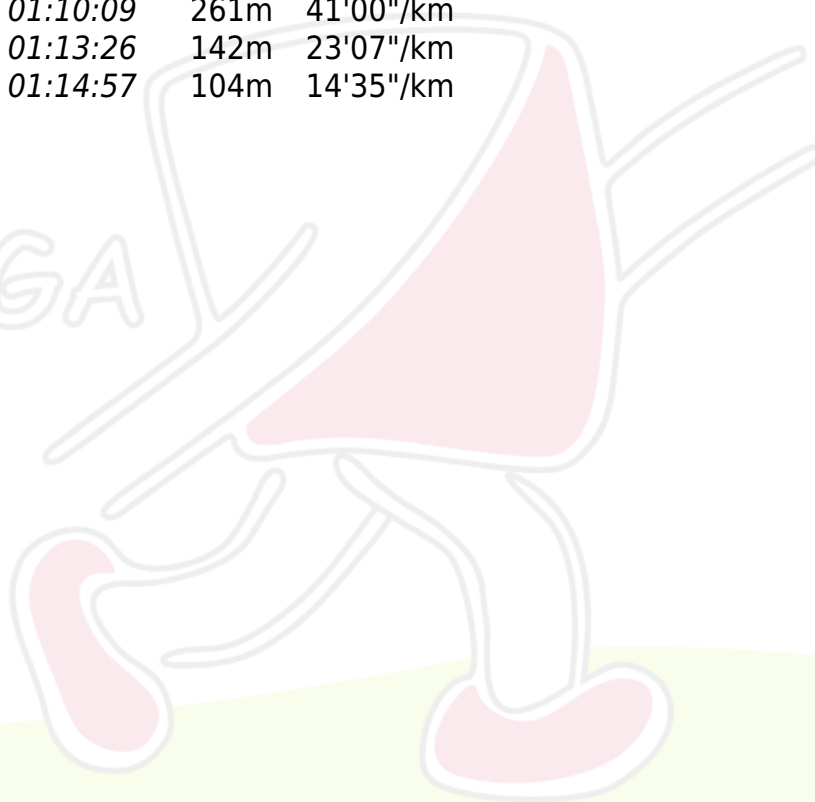
O.K.

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- |                       |         |
|-----------------------|---------|
| 1. Lucas BENINI       | 0:28:32 |
| 2. Kobe DE LAT        | 0:44:51 |
| 3. Valeria KRYLOSKAYA | 0:57:09 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 130 | 00:09:48 |          | 169m | 57'59"/km |
| 2.  | 135 | 00:05:24 | 00:15:12 | 214m | 25'14"/km |
| 3.  | 157 | 00:08:40 | 00:23:52 | 348m | 24'54"/km |
| 4.  | 160 | 00:06:09 | 00:30:01 | 207m | 29'43"/km |
| 5.  | 165 | 00:08:15 | 00:38:16 | 282m | 29'15"/km |
| 6.  | 125 | 00:08:29 | 00:46:45 | 284m | 29'52"/km |
| 7.  | 181 | 00:12:42 | 00:59:27 | 390m | 32'34"/km |
| 8.  | 197 | 00:10:42 | 01:10:09 | 261m | 41'00"/km |
| 9.  | 200 | 00:03:17 | 01:13:26 | 142m | 23'07"/km |
| 10. | 999 | 00:01:31 | 01:14:57 | 104m | 14'35"/km |

HELGA



Orienteering Software