



SYLVESTER 5 DAYS 2024 - DAY 3

Kattevenia 28.12.2024

K.O.L.

Ariane DECRAMER

hamok

Course : D40

Distance : 5370m

Time : 1:17:13 (14'23"/km)

6/11

O.K.

[Full result on Webres](#)

1. Helena PLUYMERS	0:50:16 [1000]
2. Linda SCHRADER	0:52:23
3. Lieke VAN OPSTAL	0:56:12 [894]

1.	134	00:03:59		279m	14'17"/km
2.	147	00:07:05	00:11:04	705m	10'03"/km
3.	140	00:03:42	00:14:46	240m	15'25"/km
4.	146	00:02:53	00:17:39	158m	18'15"/km
5.	142	00:02:47	00:20:26	185m	15'03"/km
6.	139	00:05:54	00:26:20	401m	14'43"/km
7.	158	00:04:52	00:31:12	558m	8'43"/km
8.	125	00:05:00	00:36:12	596m	8'23"/km
9.	168	00:02:37	00:38:49	300m	8'43"/km
10.	170	00:05:14	00:44:03	335m	15'37"/km
11.	171	00:01:29	00:45:32	82m	18'05"/km
12.	172	00:09:04	00:54:36	220m	41'13"/km
13.	174	00:02:57	00:57:33	159m	18'33"/km
14.	180	00:12:24	01:09:57	333m	37'14"/km
15.	195	00:03:58	01:13:55	351m	11'18"/km
16.	198	00:01:52	01:15:47	152m	12'17"/km
17.	200	00:01:02	01:16:49	136m	7'36"/km
18.	999	00:00:24	01:17:13	104m	3'51"/km

Orienteering Software