



SYLVESTER 5 DAYS 2024 - DAY 3

Kattevenia 28.12.2024

K.O.L.

Lore STAES

K.O.L.

Course : D40

Distance : 5370m

Time : 1:23:56 (15'38"/km) [Points : 599]

7/11

O.K.

[Full result on Webres](#)

1. Helena PLUYMERS	0:50:16 [1000]
2. Linda SCHRADER	0:52:23
3. Lieke VAN OPSTAL	0:56:12 [894]

1.	134	00:05:01		279m	17'59"/km
2.	147	00:06:54	00:11:55	705m	9'47"/km
3.	140	00:02:32	00:14:27	240m	10'33"/km
4.	146	00:07:39	00:22:06	158m	48'25"/km
5.	142	00:06:14	00:28:20	185m	33'42"/km
6.	139	00:05:46	00:34:06	401m	14'23"/km
7.	158	00:05:53	00:39:59	558m	10'33"/km
8.	125	00:05:22	00:45:21	596m	9'00"/km
9.	168	00:02:52	00:48:13	300m	9'33"/km
10.	170	00:05:45	00:53:58	335m	17'10"/km
11.	171	00:01:44	00:55:42	82m	21'08"/km
12.	172	00:04:16	00:59:58	220m	19'24"/km
13.	174	00:08:15	01:08:13	159m	51'53"/km
14.	180	00:07:45	01:15:58	333m	23'16"/km
15.	195	00:04:17	01:20:15	351m	12'12"/km
16.	198	00:02:13	01:22:28	152m	14'35"/km
17.	200	00:00:59	01:23:27	136m	7'14"/km
18.	999	00:00:29	01:23:56	104m	4'39"/km

Orienteering Software