

Entraînement CO

SPA - La Fraineuse 15.12.2024

Hermathenae

Françoise CHATELAIN-NANOUX

Hermathenae

Course : D:Parcours 2 - 3 Km

Distance : 3100m

Time : 1:37:51 (31'34"/km)

12/13

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Marie XHAARD | 0:42:43 |
| 2. Sophie THIRION | 0:47:01 |
| 3. Brigitte CRUTZEN | 0:50:27 |

1.	120	00:09:11		163m	56'20"/km
2.	105	00:08:24	00:17:35	335m	25'04"/km
3.	104	00:01:29	00:19:04	57m	26'01"/km
4.	103	00:00:43	00:19:47	61m	11'45"/km
5.	106	00:02:37	00:22:24	110m	23'47"/km
6.	107	00:01:16	00:23:40	66m	19'12"/km
7.	108	00:02:16	00:25:56	103m	22'00"/km
8.	111	00:05:56	00:31:52	177m	33'31"/km
9.	112	00:06:44	00:38:36	169m	39'51"/km
10.	114	00:02:33	00:41:09	88m	28'59"/km
11.	110	00:01:59	00:43:08	123m	16'07"/km
12.	118	00:13:12	00:56:20	305m	43'17"/km
13.	117	00:01:40	00:58:00	59m	28'15"/km
14.	116	00:01:32	00:59:32	96m	15'58"/km
15.	124	00:04:40	01:04:12	190m	24'34"/km
16.	96	00:02:30	01:06:42	129m	19'23"/km
17.	97	00:03:06	01:09:48	80m	38'45"/km
18.	98	00:05:24	01:15:12	78m	69'14"/km
19.	101	00:07:27	01:22:39	315m	23'39"/km
20.	122	00:07:44	01:30:23	247m	31'19"/km
21.	123	00:06:33	01:36:56	102m	64'13"/km
22.	999	00:00:55	01:37:51	43m	21'19"/km

Orienteering Software