

Entraînement CO

SPA - La Fraineuse 15.12.2024

Hermathenae

Angélique LAMBION

Hermathenae

Course : D:Parcours 2 - 3 Km

Distance : 3100m

Time : 1:34:24 (30'27"/km)

11/13

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Marie XHAARD | 0:42:43 |
| 2. Sophie THIRION | 0:47:01 |
| 3. Brigitte CRUTZEN | 0:50:27 |

1.	120	00:13:19		163m	81'42"/km
2.	105	00:05:46	00:19:05	335m	17'13"/km
3.	104	00:00:59	00:20:04	57m	17'15"/km
4.	103	00:00:43	00:20:47	61m	11'45"/km
5.	106	00:01:42	00:22:29	110m	15'27"/km
6.	107	00:00:59	00:23:28	66m	14'54"/km
7.	108	00:01:48	00:25:16	103m	17'29"/km
8.	111	00:07:48	00:33:04	177m	44'04"/km
9.	112	00:14:53	00:47:57	169m	88'04"/km
10.	114	00:02:43	00:50:40	88m	30'52"/km
11.	110	00:01:30	00:52:10	123m	12'12"/km
12.	118	00:10:14	01:02:24	305m	33'33"/km
13.	117	00:01:19	01:03:43	59m	22'19"/km
14.	116	00:02:30	01:06:13	96m	26'03"/km
15.	124	00:07:18	01:13:31	190m	38'25"/km
16.	96	00:02:02	01:15:33	129m	15'46"/km
17.	97	00:02:01	01:17:34	80m	25'12"/km
18.	98	00:01:32	01:19:06	78m	19'39"/km
19.	101	00:07:36	01:26:42	315m	24'08"/km
20.	122	00:03:53	01:30:35	247m	15'43"/km
21.	123	00:03:31	01:34:06	102m	34'29"/km
22.	999	00:00:18	01:34:24	43m	6'59"/km

Orienteering Software