



Militair regelmatigheidscriterium Provincie Commando Limburg

Leopoldsburg 11.12.2024

Mil Prov Comdo Limburg

Wouter VAN BAEI

ACOS IS

Strecke : H:02

Länge : 8000m

Zeit : 1:19:15 (9'54"/km)

13/20

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Wim HERMANS	1:01:01
2. Sven HERMANS	1:02:04
3. Frank SCHEPERS	1:03:18

1.	127	00:01:45		214m	8'11"/km
2.	139	00:02:50	00:04:35	376m	7'32"/km
3.	144	00:05:31	00:10:06	182m	30'19"/km
4.	171	00:02:18	00:12:24	408m	5'38"/km
5.	159	00:04:08	00:16:32		
6.	123	00:01:42	00:18:14	163m	10'26"/km
7.	146	00:02:24	00:20:38	312m	7'42"/km
8.	110	00:01:04	00:21:42	111m	9'37"/km
9.	151	00:01:59	00:23:41	262m	7'34"/km
10.	154	00:01:43	00:25:24	192m	8'56"/km
11.	174	00:02:23	00:27:47	361m	6'36"/km
12.	163	00:02:31	00:30:18	316m	7'58"/km
13.	136	00:02:45	00:33:03	305m	9'01"/km
14.	171	00:01:58	00:35:01	273m	7'12"/km
15.	106	00:05:26	00:40:27	727m	7'28"/km
16.	107	00:00:48	00:41:15		
17.	134	00:00:35	00:41:50		
18.	108	00:00:39	00:42:29	55m	11'49"/km
19.	115	00:03:52	00:46:21		
20.	113	00:04:06	00:50:27		
21.	118	00:02:21	00:52:48	306m	7'41"/km
22.	126	00:04:32	00:57:20	479m	9'28"/km
23.	128	00:00:47	00:58:07		
24.	175	00:01:17	00:59:24		
25.	114	00:02:23	01:01:47	328m	7'16"/km
26.	171	00:01:25	01:03:12	205m	6'55"/km
27.	144	00:02:52	01:06:04	408m	7'02"/km
28.	132	00:03:03	01:09:07	324m	9'25"/km
29.	164	00:02:12	01:11:19	143m	15'23"/km
30.	167	00:01:53	01:13:12	194m	9'42"/km
31.	147	00:04:19	01:17:31	600m	7'12"/km
32.	135	00:01:17	01:18:48	188m	6'50"/km
33.	180	00:00:27	01:19:15	64m	7'02"/km