



Militair regelmatigheidscriterium Provincie Commando Limburg

Leopoldsburg 11.12.2024

Mil Prov Comdo Limburg

Jérémy FRANCO

CC R&A

Omloop : H:02

Afstand : 8000m

Tijd : 1:17:21 (9'40"/km)

11/20

O.K.

[Volledige uitslagen op Webres](#)

1. Wim HERMANS	1:01:01
2. Sven HERMANS	1:02:04
3. Frank SCHEPERS	1:03:18

1.	127	00:05:57		214m	27'48"/km
2.	139	00:03:43	00:09:40	376m	9'53"/km
3.	144	00:01:52	00:11:32	182m	10'15"/km
4.	159	00:03:07	00:14:39	235m	13'16"/km
5.	123	00:01:49	00:16:28	163m	11'09"/km
6.	146	00:02:16	00:18:44	312m	7'16"/km
7.	110	00:02:07	00:20:51	111m	19'04"/km
8.	151	00:01:39	00:22:30	262m	6'18"/km
9.	154	00:01:28	00:23:58	192m	7'38"/km
10.	174	00:02:14	00:26:12	361m	6'11"/km
11.	163	00:03:13	00:29:25	316m	10'11"/km
12.	136	00:03:09	00:32:34	305m	10'20"/km
13.	171	00:02:52	00:35:26	273m	10'30"/km
14.	106	00:04:59	00:40:25	727m	6'51"/km
15.	107	00:00:59	00:41:24		
16.	134	00:00:38	00:42:02		
17.	108	00:00:46	00:42:48	55m	13'56"/km
18.	113	00:02:20	00:45:08	269m	8'40"/km
19.	118	00:02:13	00:47:21	306m	7'15"/km
20.	126	00:05:30	00:52:51	479m	11'29"/km
21.	128	00:00:56	00:53:47		
22.	175	00:01:21	00:55:08		
23.	114	00:02:24	00:57:32	328m	7'19"/km
24.	171	00:01:50	00:59:22	205m	8'57"/km
25.	144	00:03:28	01:02:50	408m	8'30"/km
26.	132	00:03:00	01:05:50	324m	9'16"/km
27.	164	00:01:48	01:07:38	143m	12'35"/km
28.	167	00:02:04	01:09:42	194m	10'39"/km
29.	147	00:05:32	01:15:14	600m	9'13"/km
30.	135	00:01:41	01:16:55	188m	8'57"/km
31.	180	00:00:26	01:17:21	64m	6'46"/km