



Militair regelmatigheidscriterium Provincie Commando Limburg

Leopoldsburg 11.12.2024

Mil Prov Comdo Limburg

Fatih ISLEYEN

10 W Tac

Percorso : H:02

Distancia : 8000m

Tempo : 1:12:44 (9'05"/km)

7/20

O.K.

[Resultados completos em Webres](#)

- | | |
|-------------------|---------|
| 1. Wim HERMANS | 1:01:01 |
| 2. Sven HERMANS | 1:02:04 |
| 3. Frank SCHEPERS | 1:03:18 |

1.	127	00:03:09		214m	14'43"/km
2.	139	00:03:12	00:06:21	376m	8'31"/km
3.	144	00:01:18	00:07:39	182m	7'09"/km
4.	159	00:02:03	00:09:42	235m	8'43"/km
5.	123	00:01:35	00:11:17	163m	9'43"/km
6.	146	00:02:12	00:13:29	312m	7'03"/km
7.	110	00:01:05	00:14:34	111m	9'46"/km
8.	151	00:02:06	00:16:40	262m	8'01"/km
9.	154	00:01:32	00:18:12	192m	7'59"/km
10.	174	00:02:24	00:20:36	361m	6'39"/km
11.	163	00:02:12	00:22:48	316m	6'58"/km
12.	136	00:07:07	00:29:55	305m	23'20"/km
13.	171	00:02:19	00:32:14	273m	8'29"/km
14.	106	00:05:26	00:37:40	727m	7'28"/km
15.	107	00:00:47	00:38:27		
16.	134	00:00:41	00:39:08		
17.	108	00:00:53	00:40:01	55m	16'04"/km
18.	113	00:02:26	00:42:27	269m	9'03"/km
19.	118	00:02:22	00:44:49	306m	7'44"/km
20.	126	00:05:56	00:50:45	479m	12'23"/km
21.	128	00:00:56	00:51:41		
22.	175	00:01:18	00:52:59		
23.	114	00:02:23	00:55:22	328m	7'16"/km
24.	171	00:01:30	00:56:52	205m	7'19"/km
25.	144	00:02:54	00:59:46	408m	7'06"/km
26.	132	00:02:44	01:02:30	324m	8'26"/km
27.	164	00:01:27	01:03:57	143m	10'08"/km
28.	167	00:01:48	01:05:45	194m	9'17"/km
29.	147	00:04:59	01:10:44	600m	8'18"/km
30.	135	00:01:31	01:12:15	188m	8'04"/km
31.	180	00:00:29	01:12:44	64m	7'33"/km