



Militair regelmatigheidscriterium Provincie Commando Limburg

Leopoldsburg 11.12.2024

Mil Prov Comdo Limburg

Marc GELLENS

HQ SO Regt

Omloop : H:01

Afstand : 9300m

Tijd : 1:35:05 (10'13"/km)

42/57

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:55:39 |
| 2. Tomy JANSSENS | 0:58:09 |
| 3. Jasper MOREELS | 0:58:42 |

1.	163	00:04:18		418m	10'17"/km
2.	164	00:03:37	00:07:55	278m	13'01"/km
3.	174	00:01:50	00:09:45	179m	10'15"/km
4.	155	00:02:35	00:12:20	244m	10'35"/km
5.	169	00:01:19	00:13:39	147m	8'57"/km
6.	162	00:01:28	00:15:07	185m	7'56"/km
7.	110	00:02:06	00:17:13	239m	8'47"/km
8.	155	00:02:26	00:19:39	326m	7'28"/km
9.	127	00:02:01	00:21:40	214m	9'25"/km
10.	104	00:01:47	00:23:27	272m	6'33"/km
11.	161	00:00:59	00:24:26	96m	10'15"/km
12.	155	00:01:20	00:25:46	209m	6'23"/km
13.	173	00:02:48	00:28:34	324m	8'39"/km
14.	147	00:01:17	00:29:51	148m	8'40"/km
15.	137	00:02:02	00:31:53	183m	11'07"/km
16.	167	00:08:35	00:40:28	444m	19'20"/km
17.	106	00:06:36	00:47:04	914m	7'13"/km
18.	134	00:01:48	00:48:52	171m	10'32"/km
19.	112	00:01:38	00:50:30	172m	9'30"/km
20.	115	00:02:08	00:52:38	231m	9'14"/km
21.	112	00:04:38	00:57:16	399m	11'37"/km
22.	118	00:01:23	00:58:39	131m	10'34"/km
23.	107	00:01:35	01:00:14		
24.	178	00:04:00	01:04:14		
25.	175	00:02:27	01:06:41	194m	12'38"/km
26.	168	00:01:24	01:08:05	96m	14'35"/km
27.	101	00:03:46	01:11:51	357m	10'33"/km
28.	121	00:03:02	01:14:53	343m	8'51"/km
29.	130	00:02:43	01:17:36	445m	6'06"/km
30.	132	00:09:33	01:27:09	502m	19'01"/km
31.	116	00:02:37	01:29:46	300m	8'43"/km
32.	133	00:02:45	01:32:31	286m	9'37"/km
33.	135	00:02:03	01:34:34	292m	7'01"/km
34.	180	00:00:31	01:35:05	64m	8'04"/km