



Militair regelmatigheidscriterium Provincie Commando Limburg

Leopoldsburg 11.12.2024

Mil Prov Comdo Limburg

Ronny BOUWMANS

CC Land Dept Man

Course : H:01

Distance : 9300m

Time : 1:34:01 (10'07"/km)

39/57

O.K.

[Full result on Webres](#)

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|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:55:39 |
| 2. Tomy JANSSENS | 0:58:09 |
| 3. Jasper MOREELS | 0:58:42 |

1.	163	00:02:45		418m	6'35"/km
2.	164	00:02:12	00:04:57	278m	7'55"/km
3.	174	00:01:32	00:06:29	179m	8'34"/km
4.	155	00:02:07	00:08:36	244m	8'40"/km
5.	169	00:01:25	00:10:01	147m	9'38"/km
6.	162	00:04:11	00:14:12	185m	22'37"/km
7.	110	00:01:35	00:15:47	239m	6'37"/km
8.	155	00:02:37	00:18:24	326m	8'02"/km
9.	127	00:02:43	00:21:07	214m	12'42"/km
10.	104	00:01:51	00:22:58	272m	6'48"/km
11.	161	00:00:58	00:23:56	96m	10'04"/km
12.	155	00:01:30	00:25:26	209m	7'11"/km
13.	173	00:07:47	00:33:13	324m	24'01"/km
14.	147	00:01:55	00:35:08	148m	12'57"/km
15.	137	00:01:36	00:36:44	183m	8'45"/km
16.	167	00:04:24	00:41:08	444m	9'55"/km
17.	106	00:06:31	00:47:39	914m	7'08"/km
18.	134	00:01:32	00:49:11	171m	8'58"/km
19.	112	00:01:48	00:50:59	172m	10'28"/km
20.	115	00:02:06	00:53:05	231m	9'05"/km
21.	179	00:02:04	00:55:09		
22.	112	00:02:34	00:57:43		
23.	118	00:01:25	00:59:08	131m	10'49"/km
24.	107	00:01:37	01:00:45		
25.	178	00:04:04	01:04:49		
26.	175	00:03:28	01:08:17	194m	17'52"/km
27.	168	00:00:58	01:09:15	96m	10'04"/km
28.	101	00:02:43	01:11:58	357m	7'37"/km
29.	121	00:02:32	01:14:30	343m	7'23"/km
30.	130	00:02:30	01:17:00	445m	5'37"/km
31.	132	00:05:07	01:22:07	502m	10'12"/km
32.	116	00:02:17	01:24:24	300m	7'37"/km
33.	133	00:07:15	01:31:39	286m	25'21"/km
34.	135	00:01:54	01:33:33	292m	6'30"/km
35.	180	00:00:28	01:34:01	64m	7'18"/km