



Militair regelmatigheidscriterium Provincie Commando Limburg

Leopoldsburg 11.12.2024

Mil Prov Comdo Limburg

Nicolas DIELIE

MHKA

Percursus : H:01

Distancia : 9300m

Tempo : 1:25:12 (9'10"/km)

30/57

O.K.

[Resultados completos em Webres](#)

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|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:55:39 |
| 2. Tomy JANSSENS | 0:58:09 |
| 3. Jasper MOREELS | 0:58:42 |

1.	163	00:03:10		418m	7'35"/km
2.	164	00:02:37	00:05:47	278m	9'25"/km
3.	174	00:02:03	00:07:50	179m	11'27"/km
4.	155	00:02:23	00:10:13	244m	9'46"/km
5.	169	00:01:17	00:11:30	147m	8'44"/km
6.	162	00:01:44	00:13:14	185m	9'22"/km
7.	110	00:02:08	00:15:22	239m	8'56"/km
8.	155	00:02:31	00:17:53	326m	7'43"/km
9.	127	00:01:45	00:19:38	214m	8'11"/km
10.	104	00:02:09	00:21:47	272m	7'54"/km
11.	161	00:00:49	00:22:36	96m	8'30"/km
12.	155	00:01:17	00:23:53	209m	6'08"/km
13.	173	00:02:54	00:26:47	324m	8'57"/km
14.	147	00:03:04	00:29:51	148m	20'43"/km
15.	137	00:02:17	00:32:08	183m	12'29"/km
16.	167	00:05:59	00:38:07	444m	13'29"/km
17.	106	00:07:56	00:46:03	914m	8'41"/km
18.	134	00:01:31	00:47:34	171m	8'52"/km
19.	112	00:01:14	00:48:48	172m	7'10"/km
20.	115	00:01:45	00:50:33	231m	7'35"/km
21.	179	00:02:56	00:53:29		
22.	112	00:01:46	00:55:15		
23.	118	00:00:55	00:56:10	131m	7'00"/km
24.	107	00:01:11	00:57:21		
25.	178	00:04:39	01:02:00		
26.	175	00:02:24	01:04:24	194m	12'22"/km
27.	168	00:00:56	01:05:20	96m	9'43"/km
28.	101	00:03:15	01:08:35	357m	9'06"/km
29.	121	00:02:32	01:11:07	343m	7'23"/km
30.	130	00:02:34	01:13:41	445m	5'46"/km
31.	132	00:04:43	01:18:24	502m	9'24"/km
32.	116	00:02:10	01:20:34	300m	7'13"/km
33.	133	00:02:17	01:22:51	286m	7'59"/km
34.	135	00:01:54	01:24:45	292m	6'30"/km
35.	180	00:00:27	01:25:12	64m	7'02"/km