



Militair regelmatigheidscriterium Provincie Commando Limburg

Leopoldsburg 11.12.2024

Mil Prov Comdo Limburg

Robin RIJCKAERT

COMOPSNAV

Course : H:01

Distance : 9300m

Time : 1:23:54 (9'01"/km)

27/57

O.K.

[Full result on Webres](#)

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|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:55:39 |
| 2. Tomy JANSSENS | 0:58:09 |
| 3. Jasper MOREELS | 0:58:42 |

1.	163	00:03:54		418m	9'20"/km
2.	164	00:02:48	00:06:42	278m	10'04"/km
3.	174	00:01:41	00:08:23	179m	9'24"/km
4.	155	00:02:12	00:10:35	244m	9'01"/km
5.	169	00:00:50	00:11:25	147m	5'40"/km
6.	162	00:01:41	00:13:06	185m	9'06"/km
7.	110	00:01:56	00:15:02	239m	8'05"/km
8.	155	00:02:14	00:17:16	326m	6'51"/km
9.	127	00:02:28	00:19:44	214m	11'32"/km
10.	104	00:01:42	00:21:26	272m	6'15"/km
11.	161	00:01:14	00:22:40	96m	12'51"/km
12.	155	00:01:18	00:23:58	209m	6'13"/km
13.	173	00:02:28	00:26:26	324m	7'37"/km
14.	147	00:05:24	00:31:50	148m	36'29"/km
15.	137	00:01:31	00:33:21	183m	8'17"/km
16.	167	00:04:28	00:37:49	444m	10'04"/km
17.	106	00:07:14	00:45:03	914m	7'55"/km
18.	134	00:01:23	00:46:26	171m	8'05"/km
19.	112	00:01:45	00:48:11	172m	10'10"/km
20.	115	00:01:53	00:50:04	231m	8'09"/km
21.	112	00:05:16	00:55:20	399m	13'12"/km
22.	118	00:01:15	00:56:35	131m	9'33"/km
23.	107	00:01:27	00:58:02		
24.	178	00:03:17	01:01:19		
25.	175	00:02:36	01:03:55	194m	13'24"/km
26.	168	00:01:07	01:05:02	96m	11'38"/km
27.	101	00:02:25	01:07:27	357m	6'46"/km
28.	121	00:02:19	01:09:46	343m	6'45"/km
29.	130	00:02:39	01:12:25	445m	5'57"/km
30.	132	00:04:41	01:17:06	502m	9'20"/km
31.	116	00:02:07	01:19:13	300m	7'03"/km
32.	133	00:02:30	01:21:43	286m	8'44"/km
33.	135	00:01:48	01:23:31	292m	6'10"/km
34.	180	00:00:23	01:23:54	64m	5'59"/km