



Militair regelmatigheidscriterium Provincie Commando Limburg

Leopoldsburg 11.12.2024

Mil Prov Comdo Limburg

Bram BOECKX

TROL

Strecke : H:01

Länge : 9300m

Zeit : 1:15:03 (8'04"/km)

18/57

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:55:39 |
| 2. Tomy JANSSENS | 0:58:09 |
| 3. Jasper MOREELS | 0:58:42 |

1.	163	00:02:27		418m	5'52"/km
2.	164	00:02:10	00:04:37	278m	7'48"/km
3.	174	00:01:17	00:05:54	179m	7'10"/km
4.	155	00:02:14	00:08:08	244m	9'09"/km
5.	169	00:01:17	00:09:25	147m	8'44"/km
6.	162	00:02:03	00:11:28	185m	11'05"/km
7.	110	00:01:34	00:13:02	239m	6'33"/km
8.	155	00:03:01	00:16:03	326m	9'15"/km
9.	127	00:01:33	00:17:36	214m	7'15"/km
10.	104	00:01:41	00:19:17	272m	6'11"/km
11.	161	00:00:45	00:20:02	96m	7'49"/km
12.	155	00:01:32	00:21:34	209m	7'20"/km
13.	173	00:02:18	00:23:52	324m	7'06"/km
14.	147	00:01:21	00:25:13	148m	9'07"/km
15.	137	00:01:17	00:26:30	183m	7'01"/km
16.	167	00:03:36	00:30:06	444m	8'06"/km
17.	106	00:06:46	00:36:52	914m	7'24"/km
18.	134	00:01:10	00:38:02	171m	6'49"/km
19.	112	00:01:36	00:39:38	172m	9'18"/km
20.	115	00:01:39	00:41:17	231m	7'09"/km
21.	112	00:04:10	00:45:27	399m	10'27"/km
22.	118	00:01:01	00:46:28	131m	7'46"/km
23.	107	00:01:09	00:47:37		
24.	178	00:03:36	00:51:13		
25.	175	00:03:43	00:54:56	194m	19'09"/km
26.	168	00:01:01	00:55:57	96m	10'35"/km
27.	101	00:02:44	00:58:41	357m	7'39"/km
28.	121	00:02:20	01:01:01	343m	6'48"/km
29.	130	00:02:39	01:03:40	445m	5'57"/km
30.	132	00:03:46	01:07:26	502m	7'30"/km
31.	116	00:02:16	01:09:42	300m	7'33"/km
32.	133	00:02:59	01:12:41	286m	10'26"/km
33.	135	00:01:53	01:14:34	292m	6'27"/km
34.	180	00:00:29	01:15:03	64m	7'33"/km