



Militair regelmatigheidscriterium Provincie Commando Limburg

Leopoldsburg 11.12.2024

Mil Prov Comdo Limburg

Gert GEBOERS

KOL

Course : H:01

Distance : 9300m

Time : 1:07:57 (7'18"/km)

13/57

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:55:39 |
| 2. Tomy JANSSENS | 0:58:09 |
| 3. Jasper MOREELS | 0:58:42 |

1.	163	00:02:19	418m	5'33"/km
2.	164	00:02:20 00:04:39	278m	8'24"/km
3.	174	00:01:14 00:05:53	179m	6'53"/km
4.	155	00:01:45 00:07:38	244m	7'10"/km
5.	169	00:00:52 00:08:30	147m	5'54"/km
6.	162	00:01:46 00:10:16	185m	9'33"/km
7.	110	00:01:36 00:11:52	239m	6'42"/km
8.	155	00:02:06 00:13:58	326m	6'27"/km
9.	127	00:01:37 00:15:35	214m	7'33"/km
10.	104	00:02:02 00:17:37	272m	7'29"/km
11.	161	00:00:39 00:18:16	96m	6'46"/km
12.	155	00:01:21 00:19:37	209m	6'28"/km
13.	173	00:04:22 00:23:59	324m	13'29"/km
14.	147	00:01:01 00:25:00	148m	6'52"/km
15.	137	00:01:00 00:26:00	183m	5'28"/km
16.	167	00:03:23 00:29:23	444m	7'37"/km
17.	106	00:05:23 00:34:46	914m	5'53"/km
18.	134	00:01:10 00:35:56	171m	6'49"/km
19.	112	00:01:28 00:37:24	172m	8'32"/km
20.	115	00:01:27 00:38:51	231m	6'17"/km
21.	179	00:01:57 00:40:48		
22.	112	00:01:36 00:42:24		
23.	118	00:00:52 00:43:16	131m	6'37"/km
24.	107	00:01:09 00:44:25		
25.	178	00:03:25 00:47:50		
26.	175	00:02:02 00:49:52	194m	10'29"/km
27.	168	00:00:53 00:50:45	96m	9'12"/km
28.	101	00:02:19 00:53:04	357m	6'29"/km
29.	121	00:02:11 00:55:15	343m	6'22"/km
30.	130	00:02:28 00:57:43	445m	5'33"/km
31.	132	00:03:22 01:01:05	502m	6'42"/km
32.	116	00:02:07 01:03:12	300m	7'03"/km
33.	133	00:02:49 01:06:01	286m	9'51"/km
34.	135	00:01:34 01:07:35	292m	5'22"/km
35.	180	00:00:22 01:07:57	64m	5'44"/km