



BOC#03 - Ultra-longues distances

Tervuren 8.12.2024

ASUB

Kasia JAMKA

ASUB

Circuit : 7 très court

Distance : 2500m (Dénivelé 25m)

Temps : 0:49:28 (19'47"/km)

11/21

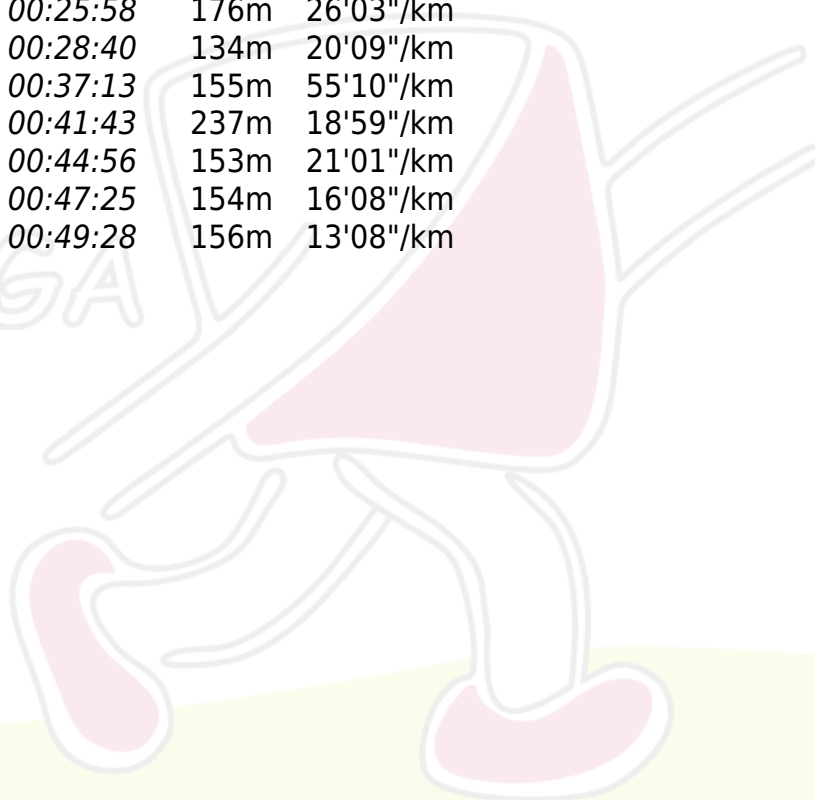
O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------------|---------|
| 1. Quentin LAROCHE | 0:27:43 |
| 2. Ansel JACOBSEN | 0:29:09 |
| 3. Idalio FRANCOIS BALBONI | 0:30:22 |

1.	167	00:02:55		259m	11'16"/km
2.	168	00:02:31	00:05:26	160m	15'44"/km
3.	169	00:01:14	00:06:40	86m	14'20"/km
4.	170	00:02:50	00:09:30	150m	18'53"/km
5.	171	00:03:00	00:12:30	214m	14'01"/km
6.	172	00:02:49	00:15:19	148m	19'02"/km
7.	175	00:06:04	00:21:23	284m	21'22"/km
8.	176	00:04:35	00:25:58	176m	26'03"/km
9.	177	00:02:42	00:28:40	134m	20'09"/km
10.	178	00:08:33	00:37:13	155m	55'10"/km
11.	180	00:04:30	00:41:43	237m	18'59"/km
12.	179	00:03:13	00:44:56	153m	21'01"/km
13.	166	00:02:29	00:47:25	154m	16'08"/km
14.	999	00:02:03	00:49:28	156m	13'08"/km

HELGA



Orienteering Software