



## BOC#03 - Ultra-longues distances

Tervuren 8.12.2024

ASUB

**Lily-Anne COLE**

TROL

Circuit : 6 court

Distance : 3000m (Dénivelé 30m)

Temps : 0:58:53 (19'38"/km)

**11/18**

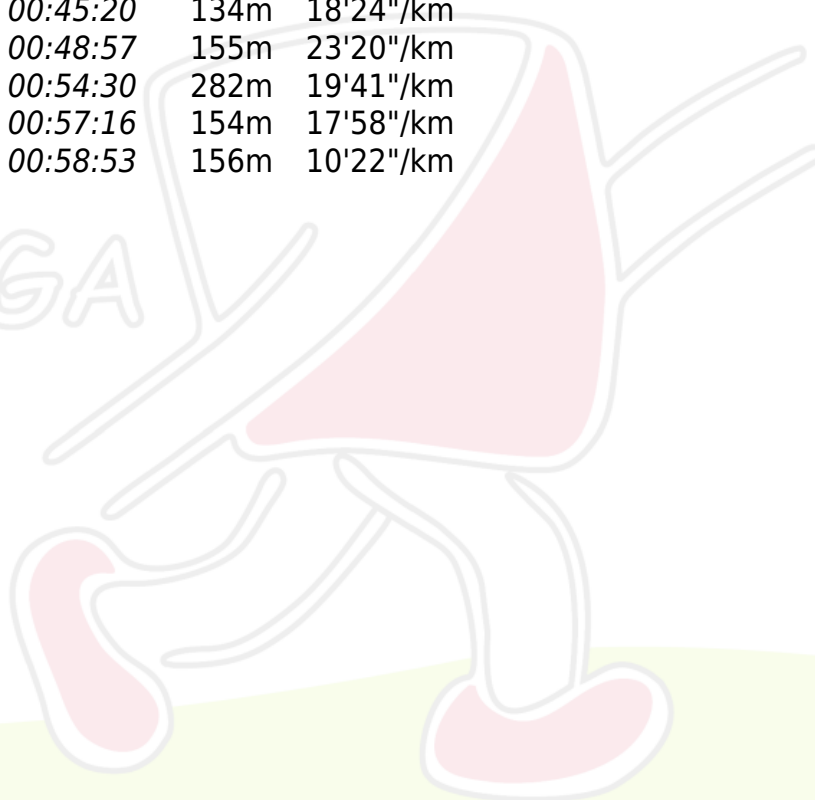
O.K.

[Résultats complets sur Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Kajus LUKIANSKAS | 0:23:04 |
| 2. Jules COLOMB     | 0:27:21 |
| 3. Maarten BOSCH    | 0:37:06 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 167 | 00:02:50 |          | 259m | 10'56"/km |
| 2.  | 222 | 00:05:44 | 00:08:34 | 359m | 15'58"/km |
| 3.  | 225 | 00:04:27 | 00:13:01 | 334m | 13'19"/km |
| 4.  | 169 | 00:13:40 | 00:26:41 | 380m | 35'58"/km |
| 5.  | 173 | 00:06:38 | 00:33:19 | 324m | 20'28"/km |
| 6.  | 229 | 00:04:14 | 00:37:33 | 268m | 15'48"/km |
| 7.  | 176 | 00:05:19 | 00:42:52 | 240m | 22'09"/km |
| 8.  | 177 | 00:02:28 | 00:45:20 | 134m | 18'24"/km |
| 9.  | 178 | 00:03:37 | 00:48:57 | 155m | 23'20"/km |
| 10. | 179 | 00:05:33 | 00:54:30 | 282m | 19'41"/km |
| 11. | 166 | 00:02:46 | 00:57:16 | 154m | 17'58"/km |
| 12. | 999 | 00:01:37 | 00:58:53 | 156m | 10'22"/km |

HELGA



Orienteering Software