



## BOC#03 - Ultra-longues distances

Tervuren 8.12.2024

ASUB

**Yann GOURIOU**

Valmo

Course : 6 court

Distance : 3000m (Climbing 30m)

Time : 0:45:00 (15'00"/km)

**8/18**

O.K.

[Full result on Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Kajus LUKIANSKAS | 0:23:04 |
| 2. Jules COLOMB     | 0:27:21 |
| 3. Maarten BOSCH    | 0:37:06 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 167 | 00:01:38 |          | 259m | 6'18"/km  |
| 2.  | 222 | 00:07:20 | 00:08:58 | 359m | 20'26"/km |
| 3.  | 225 | 00:02:46 | 00:11:44 | 334m | 8'17"/km  |
| 4.  | 169 | 00:04:16 | 00:16:00 | 380m | 11'14"/km |
| 5.  | 173 | 00:14:33 | 00:30:33 | 324m | 44'54"/km |
| 6.  | 229 | 00:01:52 | 00:32:25 | 268m | 6'58"/km  |
| 7.  | 176 | 00:04:48 | 00:37:13 | 240m | 20'00"/km |
| 8.  | 177 | 00:01:49 | 00:39:02 | 134m | 13'33"/km |
| 9.  | 178 | 00:01:51 | 00:40:53 | 155m | 11'56"/km |
| 10. | 179 | 00:02:22 | 00:43:15 | 282m | 8'24"/km  |
| 11. | 166 | 00:01:10 | 00:44:25 | 154m | 7'35"/km  |
| 12. | 999 | 00:00:35 | 00:45:00 | 156m | 3'44"/km  |

HELGA

Orienteering Software