



BOC#03 - Ultra-longues distances

Tervuren 8.12.2024

ASUB

Jan COOLS

TROL

Course : 5 moyen

Distance : 6200m (Climbing 100m)

Time : 1:00:02 (9'41"/km)

15/51

O.K.

[Full result on Webres](#)

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|-------------------------|---------|
| 1. Roel VAN DE MOORTELE | 0:44:56 |
| 2. Laurent LANNERS | 0:45:03 |
| 3. William TONNEAU | 0:47:19 |

1.	226	00:05:29		791m	6'56"/km
2.	216	00:04:16	00:09:45	448m	9'31"/km
3.	200	00:07:39	00:17:24	606m	12'37"/km
4.	203	00:05:09	00:22:33	524m	9'50"/km
5.	223	00:03:12	00:25:45	484m	6'37"/km
6.	193	00:02:27	00:28:12	202m	12'08"/km
7.	194	00:05:46	00:33:58	351m	16'26"/km
8.	202	00:01:43	00:35:41	161m	10'40"/km
9.	195	00:02:00	00:37:41	209m	9'34"/km
10.	201	00:03:30	00:41:11	283m	12'22"/km
11.	224	00:07:07	00:48:18	808m	8'48"/km
12.	229	00:04:46	00:53:04	348m	13'42"/km
13.	178	00:03:08	00:56:12	386m	8'07"/km
14.	179	00:02:12	00:58:24	282m	7'48"/km
15.	166	00:01:04	00:59:28	154m	6'56"/km
16.	999	00:00:34	01:00:02	156m	3'38"/km

Orienteering Software