



BOC#03 - Ultra-longues distances

Tervuren 8.12.2024

ASUB

Henrik LISBY

hamok

Circuit : 5 moyen

Distance : 6200m (Dénivelé 100m)

Temps : 0:57:40 (9'18"/km)

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O.K.

[Résultats complets sur Webres](#)

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|-------------------------|---------|
| 1. Roel VAN DE MOORTELE | 0:44:56 |
| 2. Laurent LANNERS | 0:45:03 |
| 3. William TONNEAU | 0:47:19 |

1.	226	00:06:20		791m	8'00"/km
2.	216	00:04:13	00:10:33	448m	9'25"/km
3.	200	00:05:56	00:16:29	606m	9'47"/km
4.	203	00:04:41	00:21:10	524m	8'56"/km
5.	223	00:03:50	00:25:00	484m	7'55"/km
6.	193	00:02:14	00:27:14	202m	11'03"/km
7.	194	00:04:19	00:31:33	351m	12'18"/km
8.	202	00:01:32	00:33:05	161m	9'31"/km
9.	195	00:03:19	00:36:24	209m	15'52"/km
10.	201	00:02:37	00:39:01	283m	9'15"/km
11.	224	00:08:03	00:47:04	808m	9'58"/km
12.	229	00:03:11	00:50:15	348m	9'09"/km
13.	178	00:03:14	00:53:29	386m	8'23"/km
14.	179	00:02:20	00:55:49	282m	8'16"/km
15.	166	00:01:07	00:56:56	154m	7'15"/km
16.	999	00:00:44	00:57:40	156m	4'42"/km

Orienteering Software