



BOC#03 - Ultra-longues distances

Tervuren 8.12.2024

ASUB

Claudia ROOMAN

Antwerp Orienteers

Circuit : 5 moyen

Distance : 6200m (Dénivelé 100m)

Temps : 0:54:50 (8'51"/km)

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O.K.

[Résultats complets sur Webres](#)

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|-------------------------|---------|
| 1. Roel VAN DE MOORTELE | 0:44:56 |
| 2. Laurent LANNERS | 0:45:03 |
| 3. William TONNEAU | 0:47:19 |

1.	226	00:05:39		791m	7'09"/km
2.	216	00:04:26	00:10:05	448m	9'54"/km
3.	200	00:05:29	00:15:34	606m	9'03"/km
4.	203	00:04:22	00:19:56	524m	8'20"/km
5.	223	00:04:03	00:23:59	484m	8'22"/km
6.	193	00:02:42	00:26:41	202m	13'22"/km
7.	194	00:04:47	00:31:28	351m	13'38"/km
8.	202	00:01:21	00:32:49	161m	8'23"/km
9.	195	00:02:02	00:34:51	209m	9'44"/km
10.	201	00:02:29	00:37:20	283m	8'47"/km
11.	224	00:06:54	00:44:14	808m	8'32"/km
12.	229	00:03:26	00:47:40	348m	9'52"/km
13.	178	00:03:02	00:50:42	386m	7'52"/km
14.	179	00:02:12	00:52:54	282m	7'48"/km
15.	166	00:01:10	00:54:04	154m	7'35"/km
16.	999	00:00:46	00:54:50	156m	4'55"/km

Orienteering Software