



## BOC#03 - Ultra-longues distances

Tervuren 8.12.2024

ASUB

**Daan COOLS**

TROL

Course : 4 long

Distance : 8100m (Climbing 175m)

Time : 1:10:03 (8'39"/km)

**10/31**

O.K.

[Full result on Webres](#)

|                     |         |
|---------------------|---------|
| 1. Victor MULLENS   | 0:51:18 |
| 2. Johan STRÖMÖ     | 1:04:43 |
| 3. Donald VAN BOVEN | 1:04:50 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 226 | 00:04:51 |          | 791m | 6'08"/km  |
| 2.  | 216 | 00:03:30 | 00:08:21 | 448m | 7'49"/km  |
| 3.  | 205 | 00:02:21 | 00:10:42 | 273m | 8'36"/km  |
| 4.  | 217 | 00:03:06 | 00:13:48 | 228m | 13'36"/km |
| 5.  | 200 | 00:06:13 | 00:20:01 | 733m | 8'29"/km  |
| 6.  | 203 | 00:03:43 | 00:23:44 | 524m | 7'06"/km  |
| 7.  | 215 | 00:06:24 | 00:30:08 | 499m | 12'50"/km |
| 8.  | 193 | 00:01:04 | 00:31:12 | 89m  | 11'59"/km |
| 9.  | 192 | 00:04:44 | 00:35:56 | 311m | 15'13"/km |
| 10. | 220 | 00:01:36 | 00:37:32 | 194m | 8'15"/km  |
| 11. | 198 | 00:03:23 | 00:40:55 | 482m | 7'01"/km  |
| 12. | 194 | 00:02:35 | 00:43:30 | 244m | 10'35"/km |
| 13. | 202 | 00:01:17 | 00:44:47 | 161m | 7'58"/km  |
| 14. | 195 | 00:01:43 | 00:46:30 | 209m | 8'13"/km  |
| 15. | 201 | 00:02:48 | 00:49:18 | 283m | 9'54"/km  |
| 16. | 197 | 00:01:36 | 00:50:54 | 204m | 7'51"/km  |
| 17. | 224 | 00:05:27 | 00:56:21 | 736m | 7'24"/km  |
| 18. | 207 | 00:03:02 | 00:59:23 | 299m | 10'09"/km |
| 19. | 229 | 00:02:41 | 01:02:04 | 236m | 11'22"/km |
| 20. | 172 | 00:02:52 | 01:04:56 | 426m | 6'44"/km  |
| 21. | 228 | 00:03:16 | 01:08:12 | 390m | 8'23"/km  |
| 22. | 166 | 00:01:16 | 01:09:28 | 197m | 6'26"/km  |
| 23. | 999 | 00:00:35 | 01:10:03 | 156m | 3'44"/km  |

Orienteering Software