



BOC#03 - Ultra-longues distances

Tervuren 8.12.2024

ASUB

Bram BOECKX

TROL

Strecke : 4 long

Länge : 8100m (Steigung 175m)

Zeit : 1:07:31 (8'20"/km)

7/31

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|---------------------|---------|
| 1. Victor MULLENS | 0:51:18 |
| 2. Johan STRÖMÖ | 1:04:43 |
| 3. Donald VAN BOVEN | 1:04:50 |

1.	226	00:04:56		791m	6'14"/km
2.	216	00:03:24	00:08:20	448m	7'35"/km
3.	205	00:01:59	00:10:19	273m	7'16"/km
4.	217	00:02:28	00:12:47	228m	10'49"/km
5.	200	00:07:09	00:19:56	733m	9'45"/km
6.	203	00:03:56	00:23:52	524m	7'30"/km
7.	215	00:04:00	00:27:52	499m	8'01"/km
8.	193	00:01:17	00:29:09	89m	14'25"/km
9.	192	00:03:44	00:32:53	311m	12'00"/km
10.	220	00:01:38	00:34:31	194m	8'25"/km
11.	198	00:03:24	00:37:55	482m	7'03"/km
12.	194	00:02:19	00:40:14	244m	9'30"/km
13.	202	00:01:17	00:41:31	161m	7'58"/km
14.	195	00:01:59	00:43:30	209m	9'29"/km
15.	201	00:02:04	00:45:34	283m	7'18"/km
16.	197	00:02:09	00:47:43	204m	10'32"/km
17.	224	00:06:05	00:53:48	736m	8'16"/km
18.	207	00:02:35	00:56:23	299m	8'38"/km
19.	229	00:02:25	00:58:48	236m	10'14"/km
20.	172	00:02:59	01:01:47	426m	7'00"/km
21.	228	00:03:33	01:05:20	390m	9'06"/km
22.	166	00:01:32	01:06:52	197m	7'47"/km
23.	999	00:00:39	01:07:31	156m	4'10"/km

Orienteering Software