



Clubtraining KOL

8.12.2024

K.O.L.

Jackie VANDIJCK

K.O.L.

Omloop : H:02

Afstand : 5650m

Tijd : 1:06:32 (11'47"/km)

10/21

O.K.

[Volledige uitslagen op Webres](#)

1. Dolf LEPPENS	0:53:00
2. Stan MAES	0:53:17
3. Jody PAUWELS	0:54:25

1.	228	00:02:29		185m	13'25"/km
2.	201	00:01:36	00:04:05	110m	14'33"/km
3.	206	00:03:54	00:07:59	320m	12'11"/km
4.	207	00:01:38	00:09:37	155m	10'32"/km
5.	209	00:01:27	00:11:04	110m	13'11"/km
6.	217	00:02:00	00:13:04	117m	17'06"/km
7.	206	00:01:53	00:14:57	173m	10'53"/km
8.	208	00:03:40	00:18:37	385m	9'31"/km
9.	212	00:02:04	00:20:41	223m	9'16"/km
10.	223	00:04:56	00:25:37	353m	13'59"/km
11.	205	00:04:13	00:29:50	155m	27'12"/km
12.	213	00:01:17	00:31:07	131m	9'48"/km
13.	214	00:01:18	00:32:25		
14.	215	00:03:03	00:35:28		
15.	210	00:01:28	00:36:56	183m	8'01"/km
16.	219	00:02:39	00:39:35	255m	10'24"/km
17.	220	00:01:58	00:41:33	218m	9'01"/km
18.	210	00:01:38	00:43:11	201m	8'08"/km
19.	216	00:01:12	00:44:23	99m	12'07"/km
20.	214	00:03:04	00:47:27	219m	14'00"/km
21.	225	00:02:45	00:50:12	219m	12'33"/km
22.	222	00:02:22	00:52:34	180m	13'09"/km
23.	221	00:03:14	00:55:48	290m	11'09"/km
24.	214	00:02:09	00:57:57	230m	9'21"/km
25.	204	00:03:35	01:01:32	344m	10'25"/km
26.	202	00:03:57	01:05:29	496m	7'58"/km
27.	999	00:01:03	01:06:32	162m	6'29"/km

Orienteering Software