



Clubtraining KOL

8.12.2024

K.O.L.

Dennis SCHOTS

K.O.L.

Omloop : H:02

Afstand : 5650m

Tijd : 0:54:30 (9'39"/km)

4/21

O.K.

[Volledige uitslagen op Webres](#)

1. Dolf LEPPENS	0:53:00
2. Stan MAES	0:53:17
3. Jody PAUWELS	0:54:25

1.	228	00:01:02		185m	5'35"/km
2.	201	00:01:00	00:02:02	110m	9'05"/km
3.	206	00:02:41	00:04:43	320m	8'23"/km
4.	207	00:01:28	00:06:11	155m	9'28"/km
5.	209	00:00:51	00:07:02	110m	7'44"/km
6.	217	00:02:01	00:09:03	117m	17'14"/km
7.	206	00:01:16	00:10:19	173m	7'19"/km
8.	208	00:02:58	00:13:17	385m	7'42"/km
9.	212	00:02:19	00:15:36	223m	10'23"/km
10.	223	00:04:34	00:20:10	353m	12'56"/km
11.	205	00:03:41	00:23:51	155m	23'46"/km
12.	213	00:01:08	00:24:59	131m	8'39"/km
13.	215	00:01:11	00:26:10	134m	8'50"/km
14.	210	00:01:17	00:27:27	183m	7'01"/km
15.	219	00:02:14	00:29:41	255m	8'45"/km
16.	220	00:02:23	00:32:04	218m	10'56"/km
17.	210	00:01:42	00:33:46	201m	8'27"/km
18.	216	00:01:09	00:34:55	99m	11'37"/km
19.	214	00:02:58	00:37:53	219m	13'33"/km
20.	225	00:01:39	00:39:32	219m	7'32"/km
21.	222	00:01:29	00:41:01	180m	8'14"/km
22.	221	00:02:40	00:43:41	290m	9'12"/km
23.	214	00:02:37	00:46:18	230m	11'23"/km
24.	204	00:03:18	00:49:36	344m	9'36"/km
25.	202	00:03:58	00:53:34	496m	8'00"/km
26.	999	00:00:56	00:54:30	162m	5'46"/km

Orienteering Software