



Clubtraining KOL

8.12.2024

K.O.L.

Dolf LEPPENS

K.O.L.

Omloop : H:02

Afstand : 5650m

Tijd : 0:53:00 (9'23"/km)

1/21

O.K.

[Volledige uitslagen op Webres](#)

2. Stan MAES	0:53:17
3. Jody PAUWELS	0:54:25

1.	228	00:05:02		185m	27'12"/km
2.	201	00:01:01	00:06:03	110m	9'15"/km
3.	206	00:02:34	00:08:37	320m	8'01"/km
4.	207	00:01:27	00:10:04	155m	9'21"/km
5.	209	00:00:49	00:10:53	110m	7'25"/km
6.	217	00:02:32	00:13:25	117m	21'39"/km
7.	206	00:01:20	00:14:45	173m	7'42"/km
8.	208	00:02:54	00:17:39	385m	7'32"/km
9.	212	00:01:52	00:19:31	223m	8'22"/km
10.	223	00:04:08	00:23:39	353m	11'43"/km
11.	205	00:01:34	00:25:13	155m	10'06"/km
12.	213	00:01:00	00:26:13	131m	7'38"/km
13.	215	00:01:17	00:27:30	134m	9'35"/km
14.	210	00:01:21	00:28:51	183m	7'23"/km
15.	219	00:02:30	00:31:21	255m	9'48"/km
16.	220	00:01:52	00:33:13	218m	8'34"/km
17.	210	00:01:33	00:34:46	201m	7'43"/km
18.	216	00:01:08	00:35:54	99m	11'27"/km
19.	214	00:02:12	00:38:06	219m	10'03"/km
20.	225	00:01:35	00:39:41	219m	7'14"/km
21.	222	00:01:49	00:41:30	180m	10'06"/km
22.	221	00:02:17	00:43:47	290m	7'52"/km
23.	214	00:01:39	00:45:26	230m	7'10"/km
24.	204	00:02:49	00:48:15	344m	8'11"/km
25.	202	00:03:44	00:51:59	496m	7'32"/km
26.	999	00:01:01	00:53:00	162m	6'17"/km

Orienteering Software