



Clubtraining KOL

8.12.2024

K.O.L.

Adrie VAN OPSTAL

K.O.L.

Omloop : H:01

Afstand : 7070m

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niet geklasseerd

[Volledige uitslagen op Webres](#)

1. Jan MARIEN	0:57:17
2. Roel SMOLDERS	1:00:11
3. Thomas GEUDENS	1:00:35

1.	202	00:00:48		165m	4'51"/km
2.	227	00:01:13	00:02:01	151m	8'03"/km
3.	201	00:01:44	00:03:45	209m	8'18"/km
4.	206	00:02:51	00:06:36	320m	8'54"/km
5.	209	00:02:10	00:08:46	189m	11'28"/km
6.	217	00:02:29	00:11:15	117m	21'14"/km
7.	206	00:01:19	00:12:34	173m	7'37"/km
8.	207	00:01:26	00:14:00	155m	9'15"/km
9.	211	00:04:10	00:18:10	587m	7'06"/km
10.	215	00:03:34	00:21:44	464m	7'41"/km
11.	210	00:01:15	00:22:59	183m	6'50"/km
12.	220	00:01:30	00:24:29	201m	7'28"/km
13.	219	00:02:06	00:26:35	218m	9'38"/km
14.	216	00:01:15	00:27:50	175m	7'09"/km
15.	210	00:01:02	00:28:52	99m	10'26"/km
16.	218	00:00:43	00:29:35	91m	7'53"/km
17.	215	00:01:10	00:30:45	191m	6'06"/km
18.	225	00:03:49	00:34:34	383m	9'58"/km
19.	222	00:01:30	00:36:04	180m	8'20"/km
20.	221	00:02:20	00:38:24	290m	8'03"/km
21.	214	00:01:49	00:40:13	230m	7'54"/km
22.	225	00:01:39	00:41:52	219m	7'32"/km
23.	204	00:01:55	00:43:47	223m	8'36"/km
24.	212	00:05:22	00:49:09	583m	9'12"/km
25.	208	00:01:58	00:51:07	223m	8'49"/km
26.	209	00:02:17	00:53:24	335m	6'49"/km
27.	206	00:01:57	00:55:21	189m	10'19"/km
28.	999	00:04:32	00:59:53	530m	8'33"/km

Orienteering Software