



Clubtraining KOL

8.12.2024

K.O.L.

Ferdinand GEBOERS

K.O.L.

Omloop : H:01

Afstand : 7070m

Tijd : 1:10:08 (9'55"/km)

9/11

O.K.

[Volledige uitslagen op Webres](#)

1. Jan MARIEN	0:57:17
2. Roel SMOLDERS	1:00:11
3. Thomas GEUDENS	1:00:35

1.	202	00:02:09		165m	13'02"/km
2.	227	00:01:22	00:03:31	151m	9'03"/km
3.	201	00:02:11	00:05:42	209m	10'27"/km
4.	206	00:03:38	00:09:20	320m	11'21"/km
5.	209	00:02:41	00:12:01	189m	14'12"/km
6.	217	00:01:38	00:13:39	117m	13'58"/km
7.	206	00:01:39	00:15:18	173m	9'32"/km
8.	207	00:01:56	00:17:14	155m	12'28"/km
9.	211	00:05:18	00:22:32	587m	9'02"/km
10.	215	00:04:10	00:26:42	464m	8'59"/km
11.	210	00:01:21	00:28:03	183m	7'23"/km
12.	216	00:01:17	00:29:20	99m	12'58"/km
13.	219	00:01:31	00:30:51	175m	8'40"/km
14.	220	00:02:15	00:33:06	218m	10'19"/km
15.	210	00:01:46	00:34:52	201m	8'47"/km
16.	218	00:00:44	00:35:36	91m	8'04"/km
17.	215	00:01:29	00:37:05	191m	7'46"/km
18.	225	00:03:48	00:40:53	383m	9'55"/km
19.	222	00:01:47	00:42:40	180m	9'54"/km
20.	221	00:02:35	00:45:15	290m	8'54"/km
21.	214	00:02:09	00:47:24	230m	9'21"/km
22.	225	00:01:45	00:49:09	219m	7'59"/km
23.	204	00:02:13	00:51:22	223m	9'56"/km
24.	212	00:06:49	00:58:11	583m	11'42"/km
25.	208	00:02:03	01:00:14	223m	9'12"/km
26.	209	00:02:46	01:03:00	335m	8'16"/km
27.	206	00:02:12	01:05:12	189m	11'38"/km
28.	999	00:04:56	01:10:08	530m	9'18"/km

Orienteering Software