



Clubtraining KOL

8.12.2024

K.O.L.

Jens BERTELS

K.O.L.

Course : H:01

Distance : 7070m

Time : 1:06:15 (9'22"/km)

7/11

O.K.

[Full result on Webres](#)

1. Jan MARIEN	0:57:17
2. Roel SMOLDERS	1:00:11
3. Thomas GEUDENS	1:00:35

1.	202	00:01:32		165m	9'18"/km
2.	227	00:01:02	00:02:34	151m	6'51"/km
3.	201	00:02:09	00:04:43	209m	10'17"/km
4.	206	00:02:26	00:07:09	320m	7'36"/km
5.	209	00:02:04	00:09:13	189m	10'56"/km
6.	217	00:10:31	00:19:44	117m	89'53"/km
7.	206	00:01:12	00:20:56	173m	6'56"/km
8.	207	00:01:24	00:22:20	155m	9'02"/km
9.	211	00:03:48	00:26:08	587m	6'28"/km
10.	215	00:03:11	00:29:19	464m	6'52"/km
11.	210	00:01:12	00:30:31	183m	6'33"/km
12.	216	00:01:07	00:31:38	99m	11'17"/km
13.	219	00:01:31	00:33:09	175m	8'40"/km
14.	220	00:01:53	00:35:02	218m	8'38"/km
15.	210	00:01:25	00:36:27	201m	7'03"/km
16.	218	00:00:48	00:37:15	91m	8'47"/km
17.	215	00:00:59	00:38:14	191m	5'09"/km
18.	225	00:03:23	00:41:37	383m	8'50"/km
19.	222	00:01:40	00:43:17	180m	9'16"/km
20.	221	00:03:45	00:47:02	290m	12'56"/km
21.	214	00:01:42	00:48:44	230m	7'23"/km
22.	225	00:01:21	00:50:05	219m	6'10"/km
23.	204	00:01:47	00:51:52	223m	8'00"/km
24.	212	00:05:02	00:56:54	583m	8'38"/km
25.	208	00:01:40	00:58:34	223m	7'28"/km
26.	209	00:02:04	01:00:38	335m	6'10"/km
27.	206	00:01:57	01:02:35	189m	10'19"/km
28.	999	00:03:40	01:06:15	530m	6'55"/km

Orienteering Software