



Clubtraining KOL

8.12.2024

K.O.L.

Thomas GEUDENS

K.O.L.

Strecke : H:01

Länge : 7070m

Zeit : 1:00:35 (8'34"/km)

3/11

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Jan MARIEN	0:57:17
2. Roel SMOLDERS	1:00:11

1.	202	00:01:17		165m	7'47"/km
2.	227	00:01:09	00:02:26	151m	7'37"/km
3.	201	00:02:09	00:04:35	209m	10'17"/km
4.	206	00:02:31	00:07:06	320m	7'52"/km
5.	209	00:02:05	00:09:11	189m	11'01"/km
6.	217	00:01:27	00:10:38	117m	12'24"/km
7.	206	00:01:12	00:11:50	173m	6'56"/km
8.	207	00:01:29	00:13:19	155m	9'34"/km
9.	211	00:04:26	00:17:45	587m	7'33"/km
10.	215	00:04:47	00:22:32	464m	10'19"/km
11.	210	00:01:07	00:23:39	183m	6'06"/km
12.	216	00:01:05	00:24:44	99m	10'57"/km
13.	219	00:01:27	00:26:11	175m	8'17"/km
14.	220	00:01:45	00:27:56	218m	8'02"/km
15.	210	00:01:14	00:29:10	201m	6'08"/km
16.	218	00:00:37	00:29:47	91m	6'47"/km
17.	215	00:01:05	00:30:52	191m	5'40"/km
18.	225	00:03:12	00:34:04	383m	8'21"/km
19.	222	00:01:43	00:35:47	180m	9'32"/km
20.	221	00:03:38	00:39:25	290m	12'32"/km
21.	214	00:01:32	00:40:57	230m	6'40"/km
22.	225	00:01:36	00:42:33	219m	7'18"/km
23.	204	00:01:47	00:44:20	223m	8'00"/km
24.	212	00:06:07	00:50:27	583m	10'30"/km
25.	208	00:02:05	00:52:32	223m	9'21"/km
26.	209	00:02:09	00:54:41	335m	6'25"/km
27.	206	00:01:55	00:56:36	189m	10'08"/km
28.	999	00:03:59	01:00:35	530m	7'31"/km

Orienteering Software