



Clubtraining KOL

8.12.2024

K.O.L.

Elly VAN OPSTAL

K.O.L.

Omloop : D:03

Afstand : 4120m

Tijd : 1:18:42 (19'06"/km)

5/13

O.K.

[Volledige uitslagen op Webres](#)

1. Emma MAES	0:58:53
2. Christiane TOEBINTE	0:59:03
3. Domi KORSTJENS	1:09:09

1.	203	00:04:31		246m	18'22"/km
2.	223	00:06:14	00:10:45	235m	26'31"/km
3.	205	00:05:40	00:16:25	155m	36'34"/km
4.	215	00:05:22	00:21:47	224m	23'57"/km
5.	226	00:02:42	00:24:29	134m	20'09"/km
6.	218	00:02:49	00:27:18	185m	15'14"/km
7.	210	00:01:14	00:28:32	91m	13'33"/km
8.	216	00:02:47	00:31:19	99m	28'07"/km
9.	219	00:02:51	00:34:10	175m	16'17"/km
10.	220	00:03:43	00:37:53	218m	17'03"/km
11.	210	00:03:06	00:40:59	201m	15'25"/km
12.	224	00:03:13	00:44:12	219m	14'41"/km
13.	213	00:01:35	00:45:47	89m	17'47"/km
14.	225	00:04:42	00:50:29	253m	18'35"/km
15.	222	00:05:06	00:55:35	180m	28'20"/km
16.	221	00:04:30	01:00:05	290m	15'31"/km
17.	214	00:03:55	01:04:00	230m	17'02"/km
18.	204	00:06:00	01:10:00	344m	17'27"/km
19.	223	00:04:14	01:14:14	230m	18'24"/km
20.	999	00:04:28	01:18:42	321m	13'55"/km

Orienteering Software