



Clubtraining KOL

8.12.2024

K.O.L.

Natascha SPATHMANN

K.O.L.

Strecke : D:01

Länge : 7070m

Zeit : 1:38:52 (13'59"/km)

6/6

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. An NUYTS	1:03:02
2. Annelies GEBOERS	1:15:14
3. Flore TOELEN	1:20:12

1.	202	00:01:51		165m	11'13"/km
2.	227	00:01:34	00:03:25	151m	10'23"/km
3.	201	00:02:53	00:06:18	209m	13'48"/km
4.	206	00:03:46	00:10:04	320m	11'46"/km
5.	209	00:03:01	00:13:05	189m	15'58"/km
6.	217	00:04:14	00:17:19	117m	36'11"/km
7.	206	00:02:00	00:19:19	173m	11'34"/km
8.	207	00:07:08	00:26:27	155m	46'01"/km
9.	211	00:08:00	00:34:27	587m	13'38"/km
10.	215	00:04:49	00:39:16	464m	10'23"/km
11.	210	00:01:38	00:40:54	183m	8'56"/km
12.	216	00:01:21	00:42:15	99m	13'38"/km
13.	219	00:01:54	00:44:09	175m	10'51"/km
14.	220	00:02:10	00:46:19	218m	9'56"/km
15.	210	00:01:58	00:48:17	201m	9'47"/km
16.	218	00:00:56	00:49:13	91m	10'15"/km
17.	215	00:01:24	00:50:37	191m	7'20"/km
18.	225	00:04:10	00:54:47	383m	10'53"/km
19.	222	00:02:31	00:57:18	180m	13'59"/km
20.	221	00:03:19	01:00:37	290m	11'26"/km
21.	214	00:02:28	01:03:05	230m	10'43"/km
22.	225	00:02:27	01:05:32	219m	11'11"/km
23.	204	00:02:48	01:08:20	223m	12'33"/km
24.	212	00:12:32	01:20:52	583m	21'30"/km
25.	208	00:02:07	01:22:59	223m	9'30"/km
26.	217	00:03:57	01:26:56		
27.	209	00:03:04	01:30:00	117m	26'13"/km
28.	206	00:03:37	01:33:37	189m	19'08"/km
29.	999	00:05:15	01:38:52	530m	9'54"/km

Orienteering Software