



Clubtraining KOL

8.12.2024

K.O.L.

An SMET

K.O.L.

Omloop : D:01

Afstand : 7070m

Tijd : 1:32:09 (13'02"/km)

5/6

O.K.

[Volledige uitslagen op Webres](#)

1. An NUYTS	1:03:02
2. Annelies GEBOERS	1:15:14
3. Flore TOELEN	1:20:12

1.	202	00:02:08		165m	12'56"/km
2.	227	00:01:25	00:03:33	151m	9'23"/km
3.	201	00:03:20	00:06:53	209m	15'57"/km
4.	206	00:03:34	00:10:27	320m	11'09"/km
5.	209	00:03:26	00:13:53	189m	18'10"/km
6.	217	00:05:41	00:19:34	117m	48'35"/km
7.	206	00:01:46	00:21:20	173m	10'13"/km
8.	207	00:02:00	00:23:20	155m	12'54"/km
9.	211	00:07:04	00:30:24	587m	12'02"/km
10.	215	00:04:52	00:35:16	464m	10'29"/km
11.	210	00:01:57	00:37:13	183m	10'39"/km
12.	216	00:01:35	00:38:48	99m	16'00"/km
13.	219	00:01:45	00:40:33	175m	10'00"/km
14.	220	00:02:37	00:43:10	218m	12'00"/km
15.	210	00:01:59	00:45:09	201m	9'52"/km
16.	218	00:00:56	00:46:05	91m	10'15"/km
17.	215	00:02:10	00:48:15	191m	11'21"/km
18.	225	00:04:37	00:52:52	383m	12'03"/km
19.	222	00:02:09	00:55:01	180m	11'57"/km
20.	221	00:03:17	00:58:18	290m	11'19"/km
21.	214	00:03:11	01:01:29	230m	13'50"/km
22.	225	00:02:49	01:04:18	219m	12'52"/km
23.	204	00:02:50	01:07:08	223m	12'42"/km
24.	212	00:11:02	01:18:10	583m	18'56"/km
25.	208	00:02:21	01:20:31	223m	10'32"/km
26.	209	00:03:02	01:23:33	335m	9'03"/km
27.	206	00:02:26	01:25:59	189m	12'52"/km
28.	999	00:06:10	01:32:09	530m	11'38"/km

Orienteering Software