



CIPO - Guarapuava - 4ª Etapa - SÁBADO
Faz Fam Horst 30.11.2024
Clube de Orientação Lobo Bravo

Maria Catarina Demeterko Rodrigues
Da Costa

Clube de Orientação Gralha Azul

Circuit : D Veter A

Distance : 2800m (Dénivelé 75m)

Temps : 1:23:11 (29'43"/km) [Points : 37]

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O.K.

[Résultats complets sur Webres](#)

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|------------------------------|--------------|
| 1. Maria Cristina Fernandes | 1:22:02 [40] |
| 3. Márcia Knapik Da Fontoura | 1:29:01 [35] |

1.	74	00:14:24		299m	48'10"/km
2.	75	00:02:27	00:16:51	151m	16'14"/km
3.	72	00:09:42	00:26:33	459m	21'08"/km
4.	80	00:11:39	00:38:12	412m	28'17"/km
5.	81	00:01:20	00:39:32	75m	17'47"/km
6.	82	00:01:31	00:41:03	70m	21'40"/km
7.	79	00:02:28	00:43:31	120m	20'33"/km
8.	78	00:23:11	01:06:42	173m	134'00"/km
9.	77	00:03:29	01:10:11	172m	20'15"/km
10.	39	00:08:30	01:18:41	449m	18'56"/km
11.	311	00:03:53	01:22:34	259m	15'00"/km
12.	999	00:00:37	01:23:11	78m	7'54"/km

HELGA

Orienteering Software