



Training

Skihütte Rodt 1.12.2024

O.L.G. St. Vith ARDOC

Luca LENGES

O.L.V. Eifel

Course : H:02

Distance : 3900m

Time : 0:31:32 (8'05"/km)

1/4

O.K.

[Full result on Webres](#)

2. Alain GENTEN

0:34:37

3. Werner HOFFMANN

0:35:32

1.	218	00:01:39		240m	6'53"/km
2.	209	00:01:24	00:03:03	98m	14'17"/km
3.	219	00:02:19	00:05:22	299m	7'45"/km
4.	215	00:02:39	00:08:01	360m	7'22"/km
5.	220	00:01:52	00:09:53	309m	6'02"/km
6.	224	00:05:50	00:15:43	500m	11'40"/km
7.	210	00:01:55	00:17:38	217m	8'50"/km
8.	221	00:03:28	00:21:06	373m	9'18"/km
9.	214	00:03:08	00:24:14	482m	6'30"/km
10.	203	00:01:53	00:26:07	236m	7'59"/km
11.	226	00:02:54	00:29:01	391m	7'25"/km
12.	227	00:01:41	00:30:42	214m	7'52"/km
13.	999	00:00:50	00:31:32	136m	6'08"/km

HELGA

Orienteering Software