



Training

Skihütte Rodt 1.12.2024

O.L.G. St. Vith ARDOC

Michel SEPULCHRE

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Strecke : H:01

Länge : 6200m

Zeit : 1:06:05 (10'40"/km)

8/8

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Guido LENGES	0:43:37
2. Noah BACKES	0:49:12
3. Johannes HOCK	0:55:49

1.	218	00:01:51		240m	7'43"/km
2.	219	00:03:37	00:05:28	392m	9'14"/km
3.	215	00:03:16	00:08:44	360m	9'04"/km
4.	220	00:03:26	00:12:10	309m	11'07"/km
5.	210	00:07:47	00:19:57	525m	14'50"/km
6.	221	00:03:59	00:23:56	373m	10'41"/km
7.	216	00:03:20	00:27:16	333m	10'01"/km
8.	222	00:03:06	00:30:22	273m	11'21"/km
9.	223	00:01:54	00:32:16	207m	9'11"/km
10.	224	00:03:54	00:36:10	380m	10'16"/km
11.	217	00:02:36	00:38:46	191m	13'37"/km
12.	225	00:01:26	00:40:12	142m	10'06"/km
13.	220	00:07:07	00:47:19	514m	13'51"/km
14.	205	00:07:27	00:54:46	626m	11'54"/km
15.	206	00:02:26	00:57:12	265m	9'11"/km
16.	214	00:01:54	00:59:06	257m	7'24"/km
17.	226	00:04:00	01:03:06	416m	9'37"/km
18.	227	00:02:04	01:05:10	214m	9'39"/km
19.	999	00:00:55	01:06:05	136m	6'44"/km

Orienteering Software